

# **Folsom Olympic Distance Triathlon Age Group Results**

2009-08-09

J-ChipUSA.com

# Clydesdale & Athena FALL

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
253	Mcguire, Catherine	Oakland, CA	32	F	3:27:11.1	1	1	6
	swim ( 0:35:31.3 ) t1 ( 0:05:31.8 )	bike ( 1:32:29.0 ) t2 ( 0:03:04.8 )		run ( 1:10:34.0 )				

# Clydesdale & Athena MAII

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
32	Behler, Mike swim ( 0:26:47.7 ) t1 ( 0:01:38.4 )	Santa Rosa, CA bike ( 1:06:50.5 ) t2 ( 0:01:12.7 )	45	M	2:21:17.7	1	1	1
177	Hudson, Norman swim ( 0:34:16.2 ) t1 ( 0:02:06.4 )	Fair Oaks, CA bike ( -- ) t2 ( 1:21:17.0 )	34	M	2:51:31.5	2	2	2
345	Sherwood, Jon swim ( 0:39:38.7 ) t1 ( 0:03:52.7 )	Placerville, CA bike ( 1:15:42.1 ) t2 ( 0:02:19.8 )	43	M	3:00:20.7	3	3	3
242	Martin, Sean swim ( 0:25:03.8 ) t1 ( 0:03:38.9 )	Pleasanton, CA bike ( 1:36:00.1 ) t2 ( 0:01:23.0 )	36	M	3:07:09.8	4	4	4
424	Majewski, Jim swim ( 0:36:43.7 ) t1 ( 0:03:40.0 )	Rescue, CA bike ( 1:24:54.7 ) t2 ( 0:01:49.7 )	47	M	3:22:26.0	5	5	5

# Individual F14-19

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
283	O'Kane, Elizabeth swim ( 0:31:45.7 ) t1 ( 0:02:51.4 )	Sacramento, CA bike ( 1:23:58.0 ) t2 ( 0:01:37.7 )	18	F	3:03:43.2	1	64	278

# Individual F20-24

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
84	Chow, Amy swim ( 0:30:24.1 ) t1 ( 0:03:59.5 )	Folsom, CA bike ( 1:11:57.0 ) t2 ( 0:02:11.7 )	23	F	2:35:29.2	1	19	136
393	Williams, Mandy swim ( 0:27:31.3 ) t1 ( 0:02:10.1 )	San Jose, CA bike ( 1:23:15.8 ) t2 ( 0:01:43.4 )	23	F	2:38:29.0	2	23	148

# Individual F25-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
120	Farley, Alyssa swim ( 0:27:38.0 ) t1 ( 0:02:05.1 )	Rancho Cordova, CA bike ( 1:08:38.6 ) t2 ( 0:01:20.0 )	29	F	2:28:40.2	1	10	87
57	Burke, Galyn swim ( 0:28:56.1 ) t1 ( 0:02:26.6 )	San Francisco, CA bike ( 1:11:22.7 ) t2 ( 0:01:17.1 )	26	F	2:31:25.3	2	13	111
353	Smith, Alexia swim ( 0:29:52.5 ) t1 ( 0:01:53.7 )	Dublin, CA bike ( 1:13:23.0 ) t2 ( 0:01:01.8 )	29	F	2:33:46.6	3	17	124
157	Hall, Ashley swim ( 0:26:55.9 ) t1 ( 0:03:24.8 )	Reno, NV bike ( 1:16:58.9 ) t2 ( 0:01:31.3 )	27	F	2:37:11.6	4	21	143
403	Woodward, Lisa swim ( 0:26:10.3 ) t1 ( 0:04:13.3 )	Folsom, CA bike ( 1:13:04.6 ) t2 ( 0:01:37.2 )	27	F	2:44:08.7	5	35	185
164	Henderson, Megan swim ( 0:28:16.0 ) t1 ( 0:02:35.4 )	Lincoln, CA bike ( 1:21:26.6 ) t2 ( 0:00:49.6 )	28	F	2:47:19.3	6	41	203
289	Peck, Caralee swim ( 0:30:07.7 ) t1 ( 0:03:38.7 )	San Francisco, CA bike ( 1:16:37.4 ) t2 ( 0:01:16.5 )	29	F	2:48:30.2	7	43	211
209	Kish, Jillian swim ( 0:32:33.5 ) t1 ( 0:04:56.5 )	Sacramento, CA bike ( 1:19:21.3 ) t2 ( 0:02:38.6 )	26	F	2:54:16.0	8	53	241
45	Britton, Chelsea swim ( 0:34:29.3 ) t1 ( 0:02:40.4 )	Placerville, CA bike ( 1:22:21.4 ) t2 ( 0:01:53.9 )	26	F	2:58:12.7	9	57	256
433	Rivas-Wolf, Maria swim ( 0:35:51.6 ) t1 ( 0:03:16.8 )	San Mateo, CA bike ( -- ) t2 ( 1:34:40.3 )	29	F	3:04:28.8	10	67	281
108	Dizikes, Cynthia swim ( 0:30:41.6 ) t1 ( 0:03:28.6 )	Berkeley, CA bike ( 1:23:38.8 ) t2 ( 0:03:14.4 )	27	F	3:14:19.9	11	81	306
414	Jennings, Michelle swim ( 0:23:21.3 ) t1 ( 0:02:04.2 )	Folsom, CA bike ( 1:50:10.6 ) t2 ( 0:03:09.9 )	25	F	3:15:45.9	12	83	308
217	Kurtz, Megan swim ( 0:30:37.7 ) t1 ( 0:02:21.6 )	Chico, CA bike ( 1:32:06.9 ) t2 ( 0:01:16.7 )	29	F	3:24:56.3	13	91	324
38	Bosque, Erica swim ( 0:34:58.3 ) t1 ( 0:06:09.3 )	Santa Rosa, CA bike ( 1:34:04.2 ) t2 ( 0:04:28.9 )	26	F	3:25:26.3	14	92	326
66	Carolla, Lindsay swim ( 0:32:38.0 ) t1 ( 0:08:01.3 )	Folsom, CA bike ( 1:35:29.9 ) t2 ( 0:04:26.5 )	25	F	3:35:10.3	15	99	336
182	Isaacs, Elizabeth swim ( 0:28:07.4 ) t1 ( 0:03:21.8 )	Simi Valley, CA bike ( 2:37:16.5 ) t2 ( 0:02:28.1 )	28	F	4:25:40.1	16	113	356

# Individual F30-34

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
189	Jennings, Pamela swim ( 0:23:34.8 ) t1 ( 0:01:09.3 )	Eureka, CA bike ( 1:05:17.3 ) t2 ( 0:00:52.1 )	30	F	2:11:28.4	1	1	27
432	Main, Rachel swim ( 0:23:23.8 ) t1 ( 0:01:22.2 )	San Rafael, CA bike ( 1:05:18.0 ) t2 ( 0:00:57.7 )	34	F	2:15:13.8	2	2	37
367	Summers, Marlene swim ( 0:23:45.5 ) t1 ( 0:02:02.6 )	Redwood City, CA bike ( 1:08:29.5 ) t2 ( 0:01:00.0 )	31	F	2:28:07.9	3	9	86
225	Leutwyler, Heather swim ( 0:27:43.1 ) t1 ( 0:02:10.9 )	San Francisco, CA bike ( 1:13:10.6 ) t2 ( 0:01:44.8 )	31	F	2:28:59.4	4	11	92
301	Praught, Melanie swim ( 0:24:15.2 ) t1 ( 0:02:59.8 )	San Francisco, CA bike ( 1:11:29.8 ) t2 ( 0:02:28.9 )	31	F	2:31:21.4	5	12	110
358	St. Aubin, Cari swim ( 0:27:05.9 ) t1 ( 0:01:57.2 )	Woodside, CA bike ( 1:09:42.2 ) t2 ( 0:01:00.8 )	30	F	2:32:42.5	6	16	119
251	Mcgaughey, Amy swim ( 0:26:37.4 ) t1 ( 0:02:04.8 )	Palo alto, CA bike ( 1:11:29.5 ) t2 ( 0:01:19.4 )	33	F	2:36:12.2	7	20	138
385	Walos, Denise swim ( 0:22:54.9 ) t1 ( 0:02:04.3 )	MOUNTAIN VIEW, CA bike ( 1:15:49.5 ) t2 ( 0:01:32.8 )	32	F	2:41:08.0	8	28	163
37	Birdwell, Kelly swim ( 0:32:36.0 ) t1 ( 0:02:46.6 )	San Francisco, CA bike ( 1:14:25.7 ) t2 ( 0:01:06.9 )	31	F	2:42:02.5	9	30	169
260	Mcnamara, Romany swim ( 0:33:50.2 ) t1 ( 0:02:08.1 )	Berkeley, CA bike ( 1:14:55.6 ) t2 ( 0:01:13.8 )	30	F	2:49:27.2	10	44	216
265	Mitchell, Elizabeth swim ( 0:39:15.3 ) t1 ( 0:03:58.4 )	Folsom, CA bike ( 1:18:15.9 ) t2 ( 0:01:53.7 )	30	F	2:53:50.6	11	51	239
55	Buesen, Bethany swim ( 0:32:58.3 ) t1 ( 0:02:46.4 )	Berkeley, CA bike ( 1:18:16.2 ) t2 ( 0:01:24.7 )	33	F	2:54:13.1	12	52	240
397	Wilson, Christine swim ( 0:25:53.6 ) t1 ( 0:02:31.4 )	San Francisco, CA bike ( -- ) t2 ( 1:41:37.5 )	32	F	3:00:32.7	13	60	263
30	Bavely, Julia swim ( 0:35:35.6 ) t1 ( 0:03:39.6 )	San Francisco, CA bike ( 1:21:12.0 ) t2 ( 0:02:21.2 )	33	F	3:01:29.7	14	62	270
292	Pennell, Naomi swim ( 0:40:58.2 ) t1 ( 1:31:23.5 )	Walnut creek, CA bike ( -- ) t2 ( -- )	33	F	3:15:35.6	15	82	307
180	Humphries, Misty swim ( 0:41:42.7 ) t1 ( 0:03:21.2 )	Sacramento, CA bike ( -- ) t2 ( 1:27:20.5 )	33	F	3:21:07.7	16	86	318
412	Zeydel, Megan swim ( 0:32:38.5 ) t1 ( 0:08:03.7 )	El Dorado Hills, CA bike ( 1:35:32.2 ) t2 ( 0:04:20.5 )	31	F	3:35:10.3	17	98	335
263	Mills, Heidi swim ( 0:41:21.0 ) t1 ( 0:03:47.3 )	Gold River, CA bike ( 1:32:03.5 ) t2 ( 0:01:41.3 )	31	F	3:36:33.8	18	100	338
43	Brewer, Amber swim ( 0:42:35.9 ) t1 ( 0:03:16.6 )	Folsom, CA bike ( 1:43:40.5 ) t2 ( 0:02:29.8 )	32	F	4:01:57.2	19	108	350
282	Nowicki, Angela swim ( 0:30:57.3 ) t1 ( 0:03:33.1 )	San Francisco, CA bike ( -- ) t2 ( 0:19:41.7 )	32	F	--	--	--	--
	Penalty: DNF Bike ( -6:00:00.0 )							
330	Santos, Korina swim ( 0:32:43.0 ) t1 ( 0:02:53.3 )	Reno, NV bike ( 0:03:38.8 ) t2 ( -- )	34	F	--	--	--	--
52	Brown, Jodi swim ( 0:27:41.4 ) t1 ( 0:02:34.9 )	Sacramento, CA bike ( -- ) t2 ( -- )	33	F	--	--	--	--
	Penalty: Overtaken 5.10(g) ( -0:02:00.0 )							

# Individual F35-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
243	Masuda, Megumi swim ( 0:21:50.7 ) t1 ( 0:01:08.1 )	Santa Clara, CA bike ( 1:07:25.8 ) t2 ( 0:00:58.8 )	36	F	2:15:37.4	1	3	38
53	Bruce, Kim swim ( 0:21:49.6 ) t1 ( 0:01:42.9 )	Danville, CA bike ( 1:04:36.3 ) t2 ( 0:01:06.8 )	37	F	2:16:10.6	2	5	41
349	Silver, Kiki swim ( 0:27:56.8 ) t1 ( 0:02:13.6 )	corte madera, CA bike ( 1:08:01.6 ) t2 ( 0:01:12.8 )	38	F	2:23:15.0	3	6	67
332	Schaefer, Natalie swim ( 0:26:27.3 ) t1 ( 0:01:44.7 )	Berkeley, CA bike ( 1:06:59.3 ) t2 ( 0:01:12.5 )	37	F	2:24:10.9	4	7	70
171	Hogan, Tracy swim ( 0:29:47.4 ) t1 ( 0:01:09.8 )	Hillsborough, CA bike ( 1:08:10.1 ) t2 ( 0:00:58.7 )	39	F	2:25:17.0	5	8	75
136	Gellman, Tricia swim ( 0:28:39.1 ) t1 ( 0:02:01.1 )	sausalito, CA bike ( 1:10:10.5 ) t2 ( 0:01:37.7 )	39	F	2:32:17.8	6	14	114
49	Brost, Mickey swim ( 0:30:46.9 ) t1 ( 0:02:16.2 )	Applegate, CA bike ( 1:08:38.8 ) t2 ( 0:01:54.3 )	37	F	2:32:34.7	7	15	117
387	Watts, Valentina swim ( 0:28:14.1 ) t1 ( 0:02:03.4 )	Rocklin, CA bike ( 1:10:27.4 ) t2 ( 0:01:25.0 )	37	F	2:34:28.6	8	18	127
237	Mangiapane, Carrie swim ( 0:30:23.2 ) t1 ( 0:01:33.5 )	Sacramento, CA bike ( 1:17:48.9 ) t2 ( 0:01:06.4 )	35	F	2:40:16.5	9	26	157
41	Bradley, Trixie swim ( 0:28:29.7 ) t1 ( 0:02:19.8 )	Pilot Hill, CA bike ( 1:12:07.7 ) t2 ( 0:01:29.6 )	35	F	2:40:33.1	10	27	159
68	Carreira, Tara swim ( 0:33:21.3 ) t1 ( 0:01:58.4 )	Livermore, CA bike ( -- ) t2 ( 1:23:23.4 )	35	F	2:42:14.4	11	31	170
211	Knowles, Julie swim ( 0:29:08.4 ) t1 ( 0:02:00.4 )	San Francisco, CA bike ( 1:17:34.5 ) t2 ( 0:01:30.9 )	35	F	2:42:36.1	12	32	174
249	Mccandless, Renee swim ( 0:30:48.1 ) t1 ( 0:02:32.7 )	Roseville, CA bike ( 1:14:17.7 ) t2 ( 0:01:28.2 )	35	F	2:43:42.5	13	33	180
378	Trexler, Suzy swim ( 0:29:06.9 ) t1 ( 0:02:43.4 )	Orangevale, CA bike ( 1:14:28.5 ) t2 ( 0:01:32.1 )	39	F	2:45:53.9	14	38	198
370	Tanner, Mary swim ( 0:31:38.7 ) t1 ( 0:02:51.5 )	Seaside, CA bike ( 1:18:44.4 ) t2 ( 0:00:56.5 )	36	F	2:48:23.1	15	42	210
72	Caucci, Kathryn swim ( 0:31:22.5 ) t1 ( 0:02:17.6 )	Sacramento, CA bike ( 1:16:55.9 ) t2 ( 0:01:03.9 )	38	F	2:51:04.0	16	46	223
Penalty: Drafting 5.10(a) ( -0:02:00.0 )								
354	Solod, Gail swim ( 0:31:55.5 ) t1 ( 0:03:17.8 )	San Francisco, CA bike ( 1:19:27.3 ) t2 ( 0:02:04.7 )	35	F	2:51:11.2	17	48	226
389	Westcott-Chavez, Amity swim ( 0:26:25.6 ) t1 ( 0:02:34.1 )	Santa Clara, CA bike ( 1:24:55.2 ) t2 ( 0:01:49.7 )	35	F	2:51:56.9	18	49	230
323	Rowen, Stephanie swim ( 0:32:46.2 ) t1 ( 0:03:35.8 )	Menlo Park, CA bike ( 1:18:16.7 ) t2 ( 0:03:04.1 )	37	F	2:55:24.1	19	54	242
124	Findlay, Anne swim ( 0:41:58.2 ) t1 ( 0:05:38.5 )	San Francisco, CA bike ( 1:18:58.6 ) t2 ( 0:02:29.6 )	35	F	3:05:34.0	20	68	285
227	LeVine, Carin swim ( 0:35:36.1 ) t1 ( 0:04:45.3 )	Campbell, CA bike ( 1:26:25.2 ) t2 ( 0:03:15.4 )	38	F	3:06:52.7	21	71	289
203	Kerem, Sarah swim ( 0:37:05.7 ) t1 ( 0:04:33.2 )	Elk Grove, CA bike ( 2:25:52.7 ) t2 ( -- )	37	F	3:09:47.1	22	73	297
109	Dondero, Allison swim ( 0:38:09.4 ) t1 ( 0:03:10.7 )	San Francisco, CA bike ( 1:27:54.2 ) t2 ( 0:02:17.9 )	36	F	3:11:36.5	23	75	300
179	Hull, Kelly swim ( 0:34:26.7 ) t1 ( 0:02:37.7 )	Sacramento, CA bike ( 1:28:41.7 ) t2 ( 0:04:26.5 )	39	F	3:13:33.3	24	80	305



# Individual F35-39

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
29	Baum, Betsy swim ( 0:40:02.1 ) t1 ( 0:02:28.6 )	Oakland, CA bike ( 1:33:43.9 ) t2 ( 0:02:09.9 )	37	F	3:22:38.8	25	88	321
10	Aldrich, Amanda swim ( 0:33:39.8 ) t1 ( 0:03:43.7 )	Folsom, CA bike ( 1:33:33.2 ) t2 ( 0:05:05.4 )	38	F	3:30:50.1	26	96	331
364	Stewart, Bobby Joe swim ( 0:45:18.5 ) t1 ( 0:03:16.1 )	San Jose, CA bike ( 1:33:13.8 ) t2 ( 0:02:22.7 )	37	F	3:40:06.4	27	104	342
6	Abrons, Lisa swim ( 0:43:48.2 ) t1 ( 0:09:44.8 )	San Francisco, CA bike ( 1:44:12.5 ) t2 ( 0:03:52.8 )	39	F	4:15:29.2	28	111	353
328	Sanchez, Karen swim ( 0:32:42.6 ) t1 ( 0:04:53.0 )	Burlingame, CA bike ( -- ) t2 ( -- )	37	F	--	--	--	--

# Individual F40-44

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
296	Petrov, Monique swim ( 0:22:45.1 ) t1 ( 0:02:00.1 )	Mill Valley, CA bike ( 1:05:48.9 ) t2 ( 0:00:49.7 )	40	F	2:15:40.2	1	4	39
293	Peralez, Roxanne swim ( 0:33:33.4 ) t1 ( 0:02:33.4 )	Salinas, CA bike ( 1:12:20.6 ) t2 ( 0:00:57.2 )	42	F	2:38:43.3	2	24	149
339	Schweitzer, Laura swim ( 0:27:50.5 ) t1 ( 0:02:14.5 )	folsom, CA bike ( 1:17:41.7 ) t2 ( 0:02:40.1 )	40	F	2:41:51.4	3	29	167
128	Frost, Kathleen swim ( 0:29:24.4 ) t1 ( 0:01:39.0 )	Corte Madera, CA bike ( 1:11:57.1 ) t2 ( 0:01:18.5 )	44	F	2:44:57.5	4	36	192
178	Hughes, Michele swim ( 0:30:53.5 ) t1 ( 0:02:47.5 )	grass valley, CA bike ( 1:14:59.2 ) t2 ( 0:01:44.1 )	43	F	2:46:48.1	5	40	201
229	Losno, Kira swim ( 0:36:33.2 ) t1 ( 0:02:53.2 )	South San Franci, CA bike ( -- ) t2 ( 1:19:51.3 )	40	F	2:53:23.6	6	50	236
228	Liou, Carol swim ( 0:32:25.1 ) t1 ( 0:02:19.1 )	Cupertino, CA bike ( -- ) t2 ( 1:26:43.7 )	41	F	3:04:16.8	7	66	280
321	Roodhouse, Stephanie swim ( 0:38:05.3 ) t1 ( 0:04:58.3 )	San Jose, CA bike ( 1:20:05.8 ) t2 ( 0:01:43.1 )	41	F	3:13:28.8	8	79	304
76	Chavez, Carrie swim ( -- ) t1 ( -- )	San Ramon, CA bike ( 0:16:04.9 ) t2 ( -- )	41	F	--	--	--	--
325	Rudd, Nancy swim ( 0:36:07.1 ) t1 ( 0:03:06.5 )	Redding, CA bike ( -- ) t2 ( -- )	44	F	--	--	--	--

# Individual F45-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
127	Forrest, Alana	San Jose, CA	47	F	2:39:30.9	1	25	153
	swim ( 0:30:22.0 ) t1 ( 0:02:15.1 )	bike ( 1:13:01.9 ) t2 ( 0:01:03.2 )			run ( 0:52:48.5 )			
355	Soto-Fogle, Reyna	Campbell, CA	45	F	2:43:51.6	2	34	182
	swim ( 0:32:33.9 ) t1 ( 0:02:27.1 )	bike ( 1:18:40.2 ) t2 ( 0:00:52.3 )			run ( 0:49:17.8 )			
81	Cherry, Kirsten	Walnut Creek, CA	45	F	2:55:24.2	3	55	243
	swim ( 0:29:12.4 ) t1 ( 0:03:04.9 )	bike ( 1:18:21.9 ) t2 ( 0:01:41.8 )			run ( 1:03:03.1 )			
322	Rosefield, Stella	Pleasanton, CA	47	F	2:58:40.0	4	58	257
	swim ( 0:37:37.3 ) t1 ( 0:04:18.5 )	bike ( -- ) t2 ( 1:15:27.7 )			run ( 1:01:16.3 )			
279	Nichol, Pamela	Rocklin, CA	49	F	3:02:36.1	5	63	274
	swim ( 0:30:15.1 ) t1 ( 0:02:45.4 )	bike ( -- ) t2 ( 1:24:34.4 )			run ( 1:05:01.1 )			
169	Hoffman, Karyn	Folsom, CA	47	F	3:03:49.4	6	65	279
	swim ( 0:46:39.8 ) t1 ( 0:03:21.0 )	bike ( 1:22:27.4 ) t2 ( 0:01:13.3 )			run ( 0:50:07.7 )			
114	Duane, Kari	el dorado hills, CA	47	F	3:05:43.9	7	69	286
	swim ( 0:32:27.6 ) t1 ( 0:03:22.8 )	bike ( -- ) t2 ( 1:23:17.0 )			run ( 1:06:36.4 )			
218	Kwai Ben, Valerie	San Jose, CA	46	F	3:06:39.4	8	70	288
	swim ( 0:32:49.0 ) t1 ( 0:05:05.2 )	bike ( 1:26:46.4 ) t2 ( 0:02:12.6 )			run ( 0:59:45.9 )			
429	Nolan, Elizabeth	Belmont, CA	49	F	3:11:30.1	9	74	299
	swim ( 0:35:47.0 ) t1 ( 0:02:29.6 )	bike ( -- ) t2 ( 1:22:19.7 )			run ( 1:10:53.6 )			
240	Marshall, Renee	Oakdale, CA	45	F	3:23:19.5	10	89	322
	swim ( 0:45:00.5 ) t1 ( 0:03:28.1 )	bike ( 1:32:41.8 ) t2 ( 0:02:39.6 )			run ( 0:59:29.4 )			
138	Geramian, Mina	Folsom, CA	46	F	3:26:41.8	11	93	327
	swim ( 0:46:38.3 ) t1 ( 0:05:16.6 )	bike ( 1:29:44.5 ) t2 ( 0:05:25.0 )			run ( 0:59:37.3 )			
79	Chen, Angie	Fair Oaks, CA	45	F	3:30:34.7	12	95	330
	swim ( 0:41:21.0 ) t1 ( 0:05:16.3 )	bike ( 1:38:27.1 ) t2 ( 0:03:22.1 )			run ( 1:02:08.1 )			
303	Qawami, Shekoufeh	el dorado hills, CA	45	F	3:38:31.2	13	103	341
	swim ( 0:58:47.4 ) t1 ( 0:03:55.7 )	bike ( 1:35:08.3 ) t2 ( 0:02:03.4 )			run ( 0:58:36.2 )			
271	Morey, Deborah	Orangevale, CA	46	F	3:57:44.5	14	106	348
	swim ( 0:45:22.2 ) t1 ( 0:04:14.7 )	bike ( 1:40:20.1 ) t2 ( 0:03:03.1 )			run ( 1:24:44.1 )			
351	Simi, Elizabeth	Folsom, CA	45	F	4:23:53.7	15	112	355
	swim ( 0:42:23.5 ) t1 ( 0:05:15.7 )	bike ( 2:04:07.6 ) t2 ( 0:00:42.1 )			run ( 1:31:24.6 )			

# Individual F50-54

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
340	Scott, Cindy	Sacramento, CA	54	F	2:45:41.8	1	37	196
	swim ( 0:38:52.6 )	t1 ( 0:03:53.0 )	bike ( -- )	t2 ( 1:17:20.1 )	run ( 0:45:36.0 )			
297	Pinelli, Doreen	Santa Rosa, CA	52	F	2:46:13.8	2	39	200
	swim ( 0:35:36.4 )	t1 ( 0:02:01.0 )	bike ( 1:17:03.6 )	t2 ( 0:01:24.6 )	run ( 0:50:08.0 )			
315	Roberts, Diana	Olympia, WA	54	F	2:51:07.1	3	47	224
	swim ( 0:31:04.1 )	t1 ( 0:03:02.6 )	bike ( 1:13:11.4 )	t2 ( 0:02:03.8 )	run ( 1:01:45.0 )			
252	Mcgrath, Kem	Gold River, CA	54	F	2:59:23.7	4	59	261
	swim ( 0:37:38.6 )	t1 ( 0:03:42.6 )	bike ( 1:21:02.0 )	t2 ( 0:01:09.8 )	run ( 0:55:50.6 )			
132	Gagnon, Lindalee	Rescue, CA	52	F	3:00:50.4	5	61	264
	swim ( 0:28:32.6 )	t1 ( 0:02:32.8 )	bike ( 1:23:25.7 )	t2 ( 0:01:31.5 )	run ( 1:04:47.7 )			
54	Bucon, Anne	Cameron Park, CA, CA	51	F	3:07:43.6	6	72	290
	swim ( 0:32:05.6 )	t1 ( 0:04:48.9 )	bike ( -- )	t2 ( 1:23:48.2 )	run ( 1:05:00.8 )			
	Penalty: Overtaken 5.10(g) ( -0:02:00.0 )							
150	Grant, Jannine	San Jose, CA	51	F	3:11:54.9	7	76	301
	swim ( 0:33:55.5 )	t1 ( 0:02:33.2 )	bike ( 1:29:41.1 )	t2 ( 0:02:56.3 )	run ( 1:02:48.5 )			
335	Schmit, Jennifer	Redding, CA	52	F	3:20:51.6	8	85	317
	swim ( 0:40:41.7 )	t1 ( 0:04:01.3 )	bike ( 1:26:31.0 )	t2 ( 0:02:17.3 )	run ( 1:07:20.2 )			
193	Jonas, Susan	Folsom, CA	50	F	3:21:57.6	9	87	319
	swim ( 0:41:48.4 )	t1 ( 0:04:32.2 )	bike ( 1:26:43.4 )	t2 ( 0:02:43.8 )	run ( 1:06:09.6 )			
154	Gray, Patti	Orangevale, CA	54	F	3:24:33.4	10	90	323
	swim ( 0:32:18.6 )	t1 ( 0:03:54.3 )	bike ( 1:28:35.8 )	t2 ( 0:01:54.8 )	run ( 1:17:49.7 )			
246	Mayer, Clarisse	Reno, NV	54	F	3:29:13.7	11	94	329
	swim ( 0:44:28.7 )	t1 ( 0:05:05.7 )	bike ( 1:32:01.8 )	t2 ( 0:01:37.8 )	run ( 1:03:59.5 )			
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
166	Highison, Barbara	Sparks, NV	54	F	3:37:51.3	12	102	340
	swim ( 0:42:28.5 )	t1 ( 0:04:30.0 )	bike ( 1:28:38.2 )	t2 ( 0:01:52.7 )	run ( 1:20:21.6 )			
94	Conrad, Blair	San Carlos, CA	53	F	4:07:11.8	13	109	351
	swim ( 0:45:36.6 )	t1 ( 0:04:26.4 )	bike ( 1:41:18.4 )	t2 ( 0:02:41.4 )	run ( 1:33:08.8 )			
18	Aune, Doreen	clovis, CA	52	F	4:39:15.9	14	114	357
	swim ( 0:46:55.7 )	t1 ( 0:06:40.8 )	bike ( 1:51:05.2 )	t2 ( 0:03:27.5 )	run ( 1:51:06.3 )			
426	Niewald, Anette	Santa Rosa, CA	53	F	--	--	--	--
	swim ( -- )	t1 ( -- )	bike ( 1:00:25.1 )	t2 ( -- )	run ( -- )			

# Individual F55-59

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
133	Gaines, Sally swim ( 0:27:46.8 ) t1 ( 0:02:23.8 )	Mammoth lakes, CA bike ( 1:15:27.9 ) t2 ( 0:00:58.6 )	57	F	2:37:41.0	1	22	146
396	Wilson, Candace swim ( 0:30:32.0 ) t1 ( 0:03:03.5 )	Twain Harte, CA bike ( 1:18:06.4 ) t2 ( 0:01:49.6 )	55	F	2:50:42.1	2	45	221
165	Herbert, Pamela swim ( 0:35:40.1 ) t1 ( 0:02:28.3 )	Walnut Creek, CA bike ( 1:25:11.0 ) t2 ( 0:01:20.3 )	55	F	3:12:51.6	3	77	302
7	Aceituno, Carol swim ( 0:39:51.6 ) t1 ( 0:05:01.5 )	Folsom, CA bike ( 1:30:17.5 ) t2 ( 0:04:15.4 )	58	F	3:32:13.1	4	97	334
204	Kimball, Sarah swim ( 0:47:19.3 ) t1 ( 0:02:59.6 )	El Dorado Hills, CA bike ( 1:25:35.7 ) t2 ( 0:02:08.4 )	55	F	3:36:58.5	5	101	339
318	Rogers, Valerie swim ( 0:42:07.7 ) t1 ( 1:52:34.3 )	San Jose, CA bike ( -- ) t2 ( -- )	55	F	3:50:55.7	6	105	345
264	Milyko, Liz swim ( 0:41:57.7 ) t1 ( 0:04:28.5 )	Sparks, NV bike ( 1:38:35.6 ) t2 ( 0:02:19.9 )	55	F	3:58:25.8	7	107	349
317	Rodriguez, Jetty swim ( 0:46:17.6 ) t1 ( 0:04:31.2 )	San Jose, CA bike ( 1:47:06.8 ) t2 ( 0:03:24.9 )	59	F	4:12:43.7	8	110	352

## Individual F60-64

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
256	Mckee, Sunny swim ( 0:29:46.6 ) t1 ( 0:02:19.4 )	san francisco, CA bike ( 1:20:41.3 ) t2 ( 0:01:19.8 )	60	F	2:56:20.5	1	56	251
162	Hegle, Linda swim ( 0:35:23.1 ) t1 ( 0:05:40.5 )	Grass Valley, CA bike ( 1:26:46.2 ) t2 ( 0:03:08.9 )	61	F	3:13:13.8	2	78	303

# Individual F65-69

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
286	Olsen, Sallie swim ( 0:35:37.5 ) t1 ( 0:03:37.3 )	Oakland, CA bike ( 1:30:56.4 ) t2 ( 0:01:47.3 )	67	F	3:19:46.2	1	84	314
				run ( 1:07:47.5 )				

## Individual M14-19

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
172	Hollinger, Dilon swim ( 0:29:32.0 ) t1 ( 0:01:39.7 )	Clayton, CA bike ( 1:02:25.5 ) t2 ( 0:01:23.4 )	16	M	2:19:26.8	1	50	55
312	Ringler, Ron swim ( 0:29:26.5 ) t1 ( 0:02:06.8 )	Folsom, CA bike ( 1:10:31.3 ) t2 ( 0:01:34.5 )	19	M	2:24:11.9	2	64	71
195	Jorgensen, Kyle swim ( 0:24:33.5 ) t1 ( 0:01:07.7 )	Truckee, CA bike ( 1:16:01.3 ) t2 ( 0:00:38.7 )	16	M	2:35:05.4	3	114	132
205	King, Andrew swim ( 0:32:58.7 ) t1 ( 0:02:09.1 )	Sacramento, CA bike ( 1:23:39.0 ) t2 ( 0:01:20.3 )	17	M	2:56:57.1	4	197	253



# Individual M20-24

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
415	Rudd, Evan swim ( 0:22:16.0 ) t1 ( 0:00:49.0 )	San Luis Obispo, CA bike ( 0:59:43.8 ) t2 ( 0:00:41.4 )	24	M	2:01:18.1	1	6	6
416	Jackson, Chris swim ( 0:24:33.5 ) t1 ( 0:00:49.0 )	Burbank, CA bike ( 1:08:08.2 ) t2 ( 0:00:46.5 )	21	M	2:10:37.8	2	24	24
299	Portman, Mike swim ( 0:29:13.3 ) t1 ( 0:02:10.3 )	San Jose, CA bike ( 1:15:20.3 ) t2 ( 0:01:35.1 )	23	M	2:27:49.0	3	76	84
215	Krek, Blake swim ( 0:32:13.7 ) t1 ( 0:02:14.2 )	Reno, NV bike ( 1:13:50.4 ) t2 ( 0:01:13.7 )	23	M	2:47:33.5	4	163	204
327	Sales, Darrell swim ( 0:35:08.6 ) t1 ( 0:02:42.8 )	Santa Clara, CA bike ( 1:11:24.9 ) t2 ( 0:01:25.6 )	24	M	2:48:33.9	5	169	212
236	Macey, Bobby swim ( -- ) t1 ( 1:55:28.1 )	Loyalton, CA bike ( -- ) t2 ( -- )	22	M	2:48:58.5	6	170	213
200	Kell, Adam swim ( 0:45:29.8 ) t1 ( 0:05:31.3 )	Orinda, CA bike ( 1:10:18.8 ) t2 ( 0:00:51.6 )	21	M	2:49:15.7	7	171	214
346	Shoven, James swim ( 0:25:58.1 ) t1 ( 0:03:32.8 )	Campbell, CA bike ( 1:18:06.6 ) t2 ( 0:01:21.9 )	23	M	2:49:17.4	8	172	215
336	Schneider, Andrew swim ( 0:28:27.0 ) t1 ( 0:03:19.8 )	Campbell, CA bike ( 1:25:40.3 ) t2 ( 0:01:09.6 )	23	M	3:00:59.6	9	206	267
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
402	Woodruff, Andrew swim ( 0:20:31.9 ) t1 ( 0:01:16.1 )	Stanford, CA bike ( -- ) t2 ( -- )	22	M	--	--	--	--

# Individual M25-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
436	Dahlz, John	So. San Francisc, CA	25	M	1:56:48.9	1	1	1
	swim ( 0:18:57.5 )	t1 ( 0:00:52.2 )	bike ( 0:59:45.1 )	t2 ( 0:00:39.6 )	run ( 0:37:34.5 )			
	Penalty: Wrong turn on Run ( -0:00:0-59.-9 )							
269	Monda, Joshua	Vancouver, WA	27	M	2:03:49.6	2	9	9
	swim ( 0:24:48.8 )	t1 ( 0:01:00.0 )	bike ( 1:00:43.0 )	t2 ( 0:00:46.4 )	run ( 0:36:31.3 )			
102	Davie, Matthew	San Francisco, CA	28	M	2:04:36.8	3	12	12
	swim ( 0:19:48.4 )	t1 ( 0:01:51.7 )	bike ( 1:03:17.4 )	t2 ( 0:00:49.1 )	run ( 0:38:50.0 )			
14	Anderson, Charlie	Fremont, CA	29	M	2:09:09.2	4	21	21
	swim ( -- )	t1 ( 0:24:41.2 )	bike ( 1:05:41.1 )	t2 ( 0:00:43.6 )	run ( 0:38:03.1 )			
427	Robinson, Ryan	Folsom, CA	27	M	2:13:53.7	5	30	31
	swim ( 0:27:23.2 )	t1 ( 0:01:05.3 )	bike ( 1:02:06.9 )	t2 ( 0:00:42.8 )	run ( 0:42:35.4 )			
334	Schiller, Nicholas	West Sacramento , CA	27	M	2:14:54.0	6	34	35
	swim ( 0:26:11.1 )	t1 ( 0:01:50.0 )	bike ( 1:02:39.8 )	t2 ( 0:00:58.7 )	run ( 0:43:14.2 )			
213	Konwinski, Thomas	Placerville, CA	25	M	2:17:51.3	7	41	46
	swim ( 0:27:11.5 )	t1 ( 0:02:03.2 )	bike ( 1:04:23.9 )	t2 ( 0:00:46.7 )	run ( 0:43:25.8 )			
331	Scagliola, Andrew	rancho cordova, CA	28	M	2:17:55.0	8	42	47
	swim ( 0:30:52.7 )	t1 ( 0:01:40.5 )	bike ( 1:02:19.3 )	t2 ( 0:01:15.2 )	run ( 0:41:47.0 )			
125	Fish, Jared	Oakland, CA	26	M	2:18:06.9	9	45	50
	swim ( 0:25:08.7 )	t1 ( 0:02:23.8 )	bike ( 1:04:30.6 )	t2 ( 0:02:11.6 )	run ( 0:43:52.0 )			
381	Tuohy, Brian	Sebastopol, CA	27	M	2:18:21.9	10	46	51
	swim ( 0:23:29.2 )	t1 ( 0:02:32.0 )	bike ( 1:09:03.6 )	t2 ( 0:01:15.0 )	run ( 0:42:01.8 )			
304	Ralph, Oliver	San Francisco, CA	28	M	2:18:33.4	11	47	52
	swim ( 0:25:13.7 )	t1 ( 0:01:36.8 )	bike ( 1:08:36.7 )	t2 ( 0:00:56.3 )	run ( 0:42:09.7 )			
90	Colbert, Kit	San Francisco, CA	29	M	2:19:44.3	12	51	56
	swim ( 0:27:46.9 )	t1 ( 0:01:49.3 )	bike ( 1:07:07.0 )	t2 ( 0:01:01.2 )	run ( 0:41:59.6 )			
15	Angelini, Michael	Reno, NV	29	M	2:20:03.3	13	53	58
	swim ( 0:28:17.2 )	t1 ( 0:02:11.5 )	bike ( 1:06:42.5 )	t2 ( 0:01:35.3 )	run ( 0:41:16.7 )			
82	Chiou, Steve	San Francisco, CA	27	M	2:24:08.9	14	63	69
	swim ( 0:23:23.5 )	t1 ( 0:02:08.5 )	bike ( 1:09:17.5 )	t2 ( 0:01:33.6 )	run ( 0:47:45.6 )			
20	Austin, Courtney	DANVILLE, CA	25	M	2:27:34.3	15	73	81
	swim ( 0:23:53.0 )	t1 ( 0:01:40.6 )	bike ( 1:07:51.9 )	t2 ( 0:01:45.8 )	run ( 0:52:22.8 )			
268	Molina, Xavier	San Francisco, CA	26	M	2:29:32.2	16	85	96
	swim ( 0:26:31.4 )	t1 ( 0:01:28.0 )	bike ( 1:09:30.6 )	t2 ( 0:00:48.3 )	run ( 0:51:13.7 )			
212	Kong, Andrew	San Diego, CA	25	M	2:29:49.7	17	88	99
	swim ( 0:25:21.9 )	t1 ( 0:01:20.6 )	bike ( 1:13:07.2 )	t2 ( 0:00:55.0 )	run ( 0:49:04.8 )			
87	Cloutier, Daniel	Folsom, CA	27	M	2:29:52.0	18	89	100
	swim ( 0:34:07.3 )	t1 ( 0:02:13.2 )	bike ( 1:06:43.6 )	t2 ( 0:01:33.3 )	run ( 0:45:14.4 )			
210	Knapp, Kirt	Fresno, CA	29	M	2:30:39.0	19	95	106
	swim ( 0:27:01.4 )	t1 ( 0:02:22.4 )	bike ( 1:08:12.5 )	t2 ( 0:01:31.0 )	run ( 0:49:31.5 )			
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
12	Aleksunas, Chris	Sacramento, CA	27	M	2:30:57.6	20	96	107
	swim ( 0:27:21.0 )	t1 ( 0:02:53.0 )	bike ( 1:08:52.2 )	t2 ( 0:01:08.8 )	run ( 0:50:42.5 )			
221	Lawrence, Mike	Mountain View, CA	26	M	2:39:41.2	21	129	154
	swim ( 0:29:54.2 )	t1 ( 0:03:05.8 )	bike ( 1:12:49.2 )	t2 ( 0:03:56.8 )	run ( 0:49:54.9 )			
233	Lucchesi, Jon	Walnut Creek, CA	29	M	2:40:18.4	22	132	158
	swim ( 0:34:03.2 )	t1 ( 0:01:30.5 )	bike ( 1:11:25.0 )	t2 ( 0:01:20.3 )	run ( 0:51:59.2 )			
250	Mcfadden, Matthew	San Rafael, CA	28	M	2:40:38.2	23	133	160
	swim ( 0:35:56.2 )	t1 ( 0:02:02.6 )	bike ( 1:08:16.1 )	t2 ( 0:02:09.8 )	run ( 0:52:13.3 )			

## Individual M25-29

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
425	Monahan, James swim ( 0:37:08.6 ) t1 ( 0:03:15.7 )	San Francisco, CA bike ( 1:11:56.1 ) t2 ( 0:02:41.3 )	29	M	2:43:16.8	24	146	178
106	Demoss, Sean swim ( 0:37:42.0 ) t1 ( 0:03:02.3 )	Palo Alto, CA bike ( 1:13:00.9 ) t2 ( 0:01:08.9 )	25	M	2:53:12.2	25	186	235
97	Costello, Joseph swim ( 0:33:25.6 ) t1 ( 0:03:06.9 )	Tiburon, CA bike ( 1:29:28.0 ) t2 ( 0:01:11.7 )	25	M	3:02:16.2	26	211	273
420	Weinberger, Zachary swim ( 1:05:01.2 ) t1 ( 0:02:25.8 )	Fair Oaks, CA bike ( 1:24:46.9 ) t2 ( 0:00:33.3 )	29	M	3:31:13.3	27	236	332

# Individual M30-34

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
409	Zastrow, Adam	San Rafael, CA	31	M	2:01:15.3	1	5	5
	swim ( 0:20:47.8 ) t1 ( 0:01:21.3 )	bike ( 1:00:22.2 ) t2 ( 0:00:58.8 )		run ( 0:37:45.0 )				
316	Robertson, Scott	San Francisco, CA	30	M	2:04:09.0	2	10	10
	swim ( 0:21:15.7 ) t1 ( 0:01:05.2 )	bike ( 0:59:07.0 ) t2 ( 0:00:39.7 )		run ( 0:42:01.3 )				
422	Rosales, Andres	Sacramento, CA	32	M	2:04:31.2	3	11	11
	swim ( 0:21:19.6 ) t1 ( 0:01:23.5 )	bike ( 1:00:53.1 ) t2 ( 0:01:08.0 )		run ( 0:39:46.9 )				
135	Garza, Steven	San Francisco, CA	30	M	2:05:43.9	4	14	14
	swim ( 0:25:36.9 ) t1 ( 0:01:56.6 )	bike ( 0:59:17.8 ) t2 ( 0:00:57.2 )		run ( 0:37:55.1 )				
238	Mapes, Jeff	brentwood, CA	32	M	2:08:30.3	5	19	19
	swim ( 0:27:17.5 ) t1 ( 0:01:14.1 )	bike ( 0:57:43.5 ) t2 ( 0:00:45.6 )		run ( 0:41:29.3 )				
435	Eng, Darrell	Palo Alto, CA	33	M	2:09:40.8	6	22	22
	swim ( 0:23:22.0 ) t1 ( 0:00:58.8 )	bike ( 1:02:00.7 ) t2 ( 0:00:49.5 )		run ( 0:42:29.5 )				
247	Maynard, Jan	Pleasant Hill, CA	31	M	2:11:10.9	7	26	26
	swim ( 0:24:45.7 ) t1 ( 0:01:14.3 )	bike ( 1:03:59.2 ) t2 ( 0:00:50.7 )		run ( 0:40:20.7 )				
333	Schanze, Mark	Dublin, CA	33	M	2:14:35.6	8	33	34
	swim ( 0:23:55.5 ) t1 ( 0:00:57.8 )	bike ( 1:02:22.8 ) t2 ( 0:00:46.6 )		run ( 0:46:32.7 )				
285	Ogawa, Takehisa	san francisco, CA	33	M	2:16:16.4	9	38	43
	swim ( 0:29:55.6 ) t1 ( 0:01:44.4 )	bike ( 1:02:17.9 ) t2 ( 0:01:04.6 )		run ( 0:41:13.8 )				
430	Gorton, Andrew	San Francisco, CA	32	M	2:20:10.6	10	54	59
	swim ( 0:24:32.6 ) t1 ( 0:02:09.5 )	bike ( 1:07:09.5 ) t2 ( 0:01:01.2 )		run ( 0:45:17.6 )				
104	Degen, Jordan	San Francisco, CA	32	M	2:20:26.8	11	55	60
	swim ( 0:28:33.4 ) t1 ( 0:01:17.5 )	bike ( 1:03:14.0 ) t2 ( 0:01:04.6 )		run ( 0:46:17.2 )				
187	Jamtaas, Keith	sacramento, CA	30	M	2:20:54.5	12	56	61
	swim ( 0:26:23.2 ) t1 ( 0:02:01.2 )	bike ( 1:04:24.3 ) t2 ( 0:00:59.3 )		run ( 0:45:06.3 )				
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
89	Cohen, Brent	Rancho Cordova, CA	30	M	2:22:39.5	13	59	64
	swim ( 0:30:37.4 ) t1 ( 0:02:21.7 )	bike ( 1:03:21.1 ) t2 ( 0:01:02.3 )		run ( 0:45:16.9 )				
58	Burley, J Brook	mountain view, CA	31	M	2:25:02.8	14	67	74
	swim ( 0:25:24.1 ) t1 ( 0:02:58.1 )	bike ( 1:04:56.6 ) t2 ( 0:01:30.6 )		run ( 0:48:13.2 )				
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
115	Dufour , Chris	Pleasanton , CA	30	M	2:25:56.9	15	69	77
	swim ( 0:27:48.5 ) t1 ( 0:02:49.6 )	bike ( 1:04:18.8 ) t2 ( 0:01:15.2 )		run ( 0:49:44.6 )				
196	Kalogirou, Stavros	Walnut Creek, CA	33	M	2:26:46.6	16	70	78
	swim ( 0:28:11.2 ) t1 ( 0:01:57.6 )	bike ( 1:11:22.2 ) t2 ( 0:01:03.0 )		run ( 0:44:12.4 )				
341	Sendil, Altay	Palo Alto, CA	32	M	2:27:39.9	17	75	83
	swim ( 0:29:07.6 ) t1 ( 0:01:56.8 )	bike ( 1:07:33.3 ) t2 ( 0:01:00.1 )		run ( 0:48:01.9 )				
277	Nevill, Peter	Walnut Creek, CA	32	M	2:30:03.2	18	91	102
	swim ( 0:28:28.9 ) t1 ( 0:03:09.3 )	bike ( 1:09:59.0 ) t2 ( 0:01:02.2 )		run ( 0:47:23.7 )				
152	Gray, Nathan	San Francisco, CA	32	M	2:31:18.3	19	98	109
	swim ( 0:26:30.1 ) t1 ( 0:02:39.0 )	bike ( 1:10:54.8 ) t2 ( 0:01:22.1 )		run ( 0:49:52.1 )				
267	Moerlein, David	San Francisco, CA	31	M	2:31:58.8	20	99	112
	swim ( 0:33:17.2 ) t1 ( 0:02:40.4 )	bike ( 1:07:00.0 ) t2 ( 0:01:05.4 )		run ( 0:47:55.6 )				
163	Heinsohn, Danny	Reno, NV	33	M	2:33:49.1	21	108	125
	swim ( 0:31:38.0 ) t1 ( 0:02:49.2 )	bike ( 1:10:56.0 ) t2 ( 0:01:30.0 )		run ( 0:46:55.8 )				
344	Shen, Bill	San Francisco, CA	33	M	2:35:25.5	22	117	135
	swim ( 0:29:48.8 ) t1 ( 0:03:29.6 )	bike ( 1:12:48.3 ) t2 ( 0:02:12.0 )		run ( 0:47:06.5 )				
88	Cockrum, Robert	Folsom, CA	32	M	2:37:13.3	23	123	144
	swim ( 0:29:06.7 ) t1 ( 0:02:31.1 )	bike ( 1:11:36.9 ) t2 ( 0:01:50.4 )		run ( 0:52:08.0 )				

# Individual M30-34

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
342	Sepe, Matt	san jose, CA	34	M	2:39:28.2	24	128	152
	swim ( 0:30:34.6 )	t1 ( 0:02:13.2 )	bike ( 1:18:36.7 )	t2 ( 0:00:47.2 )	run ( 0:47:16.4 )			
413	Bird, Christopher	Los Angeles, CA	34	M	2:40:57.6	25	135	162
	swim ( 0:29:41.7 )	t1 ( 0:01:43.4 )	bike ( 1:10:39.3 )	t2 ( 0:01:18.1 )	run ( 0:55:34.9 )			
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
126	Foley, Michael	STUDIO CITY, CA	30	M	2:42:20.6	26	141	172
	swim ( -- )	t1 ( 0:25:02.1 )	bike ( 1:21:57.7 )	t2 ( 0:03:16.5 )	run ( 0:52:04.2 )			
431	Raymond, Jeff	Los Altos, CA	34	M	2:43:05.9	27	144	176
	swim ( 0:29:54.6 )	t1 ( 0:04:23.7 )	bike ( 1:12:22.8 )	t2 ( 0:02:25.7 )	run ( 0:51:58.9 )			
	Penalty: Head Set 3.4(i) ( -0:02:00.0 )							
188	Jefferies, Alex	San Francisco, CA	33	M	2:43:47.3	28	148	181
	swim ( 0:29:13.0 )	t1 ( 0:02:37.4 )	bike ( 1:14:05.5 )	t2 ( 0:01:29.4 )	run ( 0:56:21.8 )			
306	Ray, Spencer	stateline, NV	33	M	2:44:19.9	29	153	188
	swim ( 0:35:33.0 )	t1 ( 0:02:58.2 )	bike ( 1:12:31.9 )	t2 ( 0:01:43.7 )	run ( 0:51:32.9 )			
373	Thompson, Brian	San Francisco, CA	31	M	2:44:34.5	30	155	190
	swim ( 0:40:34.7 )	t1 ( 0:03:31.6 )	bike ( 1:12:38.3 )	t2 ( 0:01:00.5 )	run ( 0:46:49.2 )			
158	Hancock, Mason	Folsom, CA	30	M	2:51:09.6	31	178	225
	swim ( 0:28:24.5 )	t1 ( 0:02:59.0 )	bike ( 1:12:47.4 )	t2 ( 0:02:16.1 )	run ( 1:04:42.3 )			
101	Danker, David	Redwood City, CA	34	M	2:51:34.0	32	179	227
	swim ( 0:28:39.9 )	t1 ( 0:02:43.3 )	bike ( 1:18:17.0 )	t2 ( 0:02:50.6 )	run ( 0:59:02.9 )			
411	Zeydel, Bart	El Dorado Hills, CA	31	M	2:51:46.3	33	180	228
	swim ( 0:32:24.7 )	t1 ( 0:03:29.6 )	bike ( 1:18:58.6 )	t2 ( 0:01:53.8 )	run ( 0:54:59.3 )			
244	Matzke, Andy	Orangevale, CA	34	M	2:55:55.2	34	192	247
	swim ( 0:33:38.4 )	t1 ( 0:04:11.4 )	bike ( 1:23:33.6 )	t2 ( 0:01:44.1 )	run ( 0:52:47.5 )			
96	Cory, Charles	San Francisco, CA	33	M	3:00:58.9	35	205	266
	swim ( 0:28:48.2 )	t1 ( 0:03:23.6 )	bike ( 1:25:30.4 )	t2 ( 0:01:58.2 )	run ( 1:01:18.2 )			
141	Gharpure, Chaitanya	Mountain View, CA	30	M	3:05:09.0	36	216	283
	swim ( 0:25:06.9 )	t1 ( 0:02:13.3 )	bike ( 1:12:54.5 )	t2 ( 0:01:52.1 )	run ( 1:23:02.0 )			
183	Isaacs, Kris	Simi Valley, CA	31	M	3:08:29.5	37	222	294
	swim ( 0:38:40.2 )	t1 ( 0:04:14.3 )	bike ( 1:24:43.9 )	t2 ( 0:01:34.4 )	run ( 0:59:16.5 )			
295	Petrie, Thomas	Sacramento, CA	30	M	3:16:46.5	38	227	310
	swim ( 0:28:39.2 )	t1 ( 0:04:05.3 )	bike ( 1:23:15.8 )	t2 ( 0:02:38.3 )	run ( 1:18:07.6 )			
313	Rios, Mark	El Dorado Hills, CA	34	M	3:27:37.6	39	235	328
	swim ( 0:41:53.4 )	t1 ( 0:05:27.2 )	bike ( 2:38:13.6 )	t2 ( -- )	run ( 1:12:34.3 )			
223	Lee, Jerry	Danville, CA	31	M	--	--	--	--
	swim ( 0:23:13.6 )	t1 ( 0:01:00.9 )	bike ( -- )	t2 ( -- )	run ( -- )			

# Individual M35-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
421	Mendes, Peter swim ( 0:21:51.7 ) t1 ( 0:00:53.3 )	San Francisco, CA bike ( 0:58:43.4 ) t2 ( 0:00:41.5 )	36	M	1:59:43.7	1	4	4
377	Tran, Kiet swim ( 0:21:05.3 ) t1 ( 0:01:17.9 )	Oakland, CA bike ( 1:01:08.8 ) t2 ( 0:00:45.4 )	38	M	2:03:03.2	2	8	8
350	Silver, Scott swim ( 0:24:18.2 ) t1 ( 0:01:31.0 )	Corte Madera, CA bike ( 1:00:02.4 ) t2 ( 0:01:00.8 )	36	M	2:06:26.2	3	16	16
288	Patout, Matthew swim ( 0:22:56.7 ) t1 ( 0:01:32.5 )	San Francisco, CA bike ( 1:03:53.7 ) t2 ( 0:01:06.3 )	37	M	2:09:01.4	4	20	20
273	Morgan, Michael swim ( 0:26:10.1 ) t1 ( 0:01:31.3 )	Sacramento, CA bike ( 1:01:58.6 ) t2 ( 0:00:56.7 )	39	M	2:11:07.9	5	25	25
392	Williams, Brian swim ( 0:28:48.1 ) t1 ( 0:00:53.7 )	San Francisco, CA bike ( 1:02:03.3 ) t2 ( 0:00:40.0 )	35	M	2:13:41.4	6	28	29
300	Prado, Mauricio swim ( 0:30:12.5 ) t1 ( 0:01:33.5 )	Las Vegas, NV bike ( 1:00:48.7 ) t2 ( 0:00:50.4 )	39	M	2:14:07.5	7	32	33
42	Bravo, Darrin swim ( 0:26:18.6 ) t1 ( 0:01:46.0 )	Windsor, CA bike ( 1:01:32.5 ) t2 ( 0:01:04.7 )	38	M	2:16:11.2	8	37	42
380	Tudor, Jeffrey swim ( 0:25:30.3 ) t1 ( 0:01:09.7 )	livermore, CA bike ( 1:05:46.6 ) t2 ( 0:00:44.8 )	38	M	2:16:42.3	9	40	45
9	Aizenberg, Mark swim ( 0:25:53.7 ) t1 ( 0:01:48.9 )	Carmichael, CA bike ( 1:05:43.0 ) t2 ( 0:01:27.0 )	38	M	2:18:36.7	10	49	54
23	Baadte, Brian swim ( 0:33:24.8 ) t1 ( 0:00:53.0 )	Folsom, CA bike ( 1:06:03.2 ) t2 ( 0:00:53.1 )	39	M	2:28:48.1	11	79	89
191	Johnson, Gordon swim ( 0:26:05.7 ) t1 ( 0:01:51.0 )	sacramento, CA bike ( 1:10:11.1 ) t2 ( 0:00:59.3 )	38	M	2:28:49.2	12	81	91
357	Spence, Michael swim ( 0:29:18.1 ) t1 ( 0:04:02.6 )	San Francisco, CA bike ( 1:06:49.9 ) t2 ( 0:01:54.5 )	35	M	2:29:11.4	13	82	93
245	May, Andy swim ( 0:28:28.3 ) t1 ( 0:03:32.1 )	Dublin, CA bike ( 1:05:01.7 ) t2 ( 0:02:22.0 )	37	M	2:29:34.3	14	86	97
320	Roodhouse, Eric swim ( 0:28:47.1 ) t1 ( 0:02:26.6 )	san jose, CA bike ( 1:10:14.2 ) t2 ( 0:01:29.6 )	39	M	2:30:00.7	15	90	101
219	Langkammerer, Jason swim ( 0:29:49.9 ) t1 ( 0:01:29.0 )	San Francisco, CA bike ( 1:08:41.8 ) t2 ( 0:01:56.9 )	39	M	2:30:22.2	16	93	104
56	Bunn, Matt swim ( 0:30:55.2 ) t1 ( 0:02:27.7 )	Berkeley, CA bike ( 1:07:00.2 ) t2 ( 0:01:05.3 )	39	M	2:32:36.8	17	103	118
105	Deibler, Matt swim ( 0:30:19.5 ) t1 ( 0:03:06.2 )	Folsom, CA bike ( 1:07:06.1 ) t2 ( 0:00:59.3 )	38	M	2:32:43.7	18	104	120
176	Houser, Gage swim ( -- ) t1 ( 0:30:52.9 )	San Anselmo, CA bike ( 1:11:50.7 ) t2 ( 0:01:10.8 )	35	M	2:34:54.8	19	111	129
77	Chavez, Scott swim ( 0:28:02.5 ) t1 ( 0:02:36.4 )	Santa Clara, CA bike ( 1:18:28.6 ) t2 ( 0:01:20.8 )	38	M	2:34:57.0	20	112	130
21	Auzenne, Craig swim ( 0:32:42.1 ) t1 ( 0:04:14.8 )	Martinez, CA bike ( 1:08:40.1 ) t2 ( 0:01:58.1 )	38	M	2:35:08.9	21	115	133
410	Zenz, John swim ( 0:27:07.9 ) t1 ( 0:02:06.8 )	Reno, NV bike ( 1:11:31.2 ) t2 ( 0:01:25.9 )	38	M	2:35:22.8	22	116	134
406	Young, David swim ( 0:22:12.6 ) t1 ( 0:02:00.0 )	Cameron Park, CA bike ( 1:15:48.3 ) t2 ( 0:01:21.5 )	37	M	2:37:00.0	23	120	140
338	Schweitzer, Dane swim ( 0:26:16.6 ) t1 ( 0:02:48.1 )	folsom, CA bike ( 1:12:35.7 ) t2 ( 0:01:39.3 )	37	M	2:37:03.1	24	121	141

# Individual M35-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
27	Barros, Alexandre swim ( 0:27:29.0 ) t1 ( 0:01:20.9 )	Pacifica, CA bike ( 1:12:24.9 ) t2 ( 0:00:43.8 )	39	M	2:38:58.0	25	126	150
259	Mcnabb, Bryan swim ( 0:36:32.6 ) t1 ( 0:02:54.2 )	Brentwood, CA bike ( 1:09:47.7 ) t2 ( 0:01:03.7 )	37	M	2:41:44.8	26	138	166
61	Cain, Michael swim ( 0:26:45.3 ) t1 ( 0:03:58.6 )	Roseville, CA bike ( 1:11:43.3 ) t2 ( 0:01:02.9 )	36	M	2:42:01.0	27	139	168
290	Pekema, Christopher swim ( 0:27:46.4 ) t1 ( 0:02:08.2 )	Tacoma, WA bike ( 1:14:50.6 ) t2 ( 0:00:55.3 )	35	M	2:42:15.8	28	140	171
428	Muck, David swim ( 0:34:23.6 ) t1 ( 0:02:32.4 )	Cameron Park, CA bike ( 1:10:46.7 ) t2 ( 0:01:28.8 )	37	M	2:42:24.5	29	142	173
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
197	Kates, Adam swim ( 0:34:25.2 ) t1 ( 0:02:05.2 )	Menlo Park, CA bike ( 1:18:03.0 ) t2 ( 0:01:17.4 )	37	M	2:45:12.6	30	157	193
148	Gouldy, Jared swim ( 0:33:30.0 ) t1 ( 0:01:39.5 )	Novato, CA bike ( 1:12:48.9 ) t2 ( 0:00:57.3 )	37	M	2:45:40.6	31	159	195
356	Speed, Matt swim ( 0:33:08.7 ) t1 ( 0:02:18.6 )	Roseville, CA bike ( 1:12:11.9 ) t2 ( 0:01:04.5 )	37	M	2:45:50.5	32	160	197
129	Fuchs, Mario swim ( 0:34:49.3 ) t1 ( 0:03:15.0 )	San Carlos, CA bike ( 1:14:29.2 ) t2 ( 0:01:44.4 )	39	M	2:47:41.8	33	164	205
111	Dotson, Brian swim ( 0:33:13.4 ) t1 ( 0:02:44.9 )	Elk Grove, CA bike ( 1:16:18.0 ) t2 ( 0:02:02.2 )	38	M	2:48:09.2	34	165	206
167	Hocom, Stefan swim ( 0:34:03.4 ) t1 ( 0:02:04.9 )	Corralitos, CA bike ( 1:16:40.7 ) t2 ( 0:01:14.1 )	39	M	2:48:13.7	35	167	208
69	Carretero, Fermin swim ( 0:28:33.6 ) t1 ( 0:04:31.1 )	San Jose, CA bike ( 1:19:36.1 ) t2 ( 0:02:18.0 )	38	M	2:49:35.8	36	174	218
70	Carretero, Ignacio swim ( 0:28:34.6 ) t1 ( 0:04:32.1 )	San Jose, CA bike ( 1:19:38.4 ) t2 ( 0:02:13.5 )	37	M	2:49:35.8	37	175	219
382	Valentine, Michael swim ( 0:33:39.1 ) t1 ( 0:04:06.7 )	Livermore, CA bike ( 1:16:45.4 ) t2 ( 0:01:43.3 )	38	M	2:52:30.3	38	183	232
343	Shafer, Brad swim ( 0:40:30.3 ) t1 ( 0:03:26.2 )	San Carlos, CA bike ( 1:11:24.9 ) t2 ( 0:01:42.5 )	39	M	2:55:44.6	39	190	245
174	Holloway, David swim ( -- ) t1 ( 0:41:55.0 )	Auburn, CA bike ( 1:17:41.3 ) t2 ( 0:02:09.7 )	37	M	2:56:16.2	40	194	249
361	Stegge, Bradford swim ( 0:35:14.6 ) t1 ( 0:03:22.3 )	Concord, CA bike ( 1:22:40.0 ) t2 ( 0:01:48.9 )	36	M	2:56:16.5	41	195	250
119	Evans, John swim ( 0:33:33.7 ) t1 ( 0:02:51.0 )	El Dorado Hills, CA bike ( 1:23:46.2 ) t2 ( 0:01:42.0 )	38	M	2:58:12.6	42	199	255
319	Romero, Ryan swim ( 0:32:36.4 ) t1 ( 0:04:25.0 )	Folsom, CA bike ( 1:16:29.0 ) t2 ( 0:02:02.8 )	38	M	3:01:46.4	43	209	271
391	Whitmore, Samuel swim ( 0:33:26.7 ) t1 ( 0:04:13.5 )	Sacramento, CA bike ( 1:21:14.9 ) t2 ( 0:01:11.1 )	36	M	3:01:55.6	44	210	272
147	Goodin, Matthew swim ( 0:36:28.1 ) t1 ( 0:05:33.9 )	Menlo Park, CA bike ( 1:20:21.3 ) t2 ( 0:03:23.1 )	37	M	3:06:28.0	45	218	287
149	Graf, Nick swim ( 0:32:35.4 ) t1 ( 0:03:08.7 )	Culver City, CA bike ( 1:20:16.0 ) t2 ( 0:02:44.4 )	38	M	3:07:45.7	46	219	291
401	Wood, Joel swim ( 0:40:41.3 ) t1 ( 0:04:54.6 )	San Francisoc, CA bike ( 1:20:29.8 ) t2 ( 0:01:55.4 )	36	M	3:09:58.9	47	225	298
24	Bach, Bryan swim ( 0:26:00.6 ) t1 ( 0:02:19.8 )	Livermore, CA bike ( 1:28:01.6 ) t2 ( 0:01:25.5 )	37	M	3:17:45.7	48	229	312

## Individual M35-39

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
91	Coleman-Nakai, Joel swim ( 0:41:51.7 ) t1 ( 0:06:27.2 )	Napa, CA bike ( 1:48:23.4 ) t2 ( 0:02:53.7 )	36	M	3:35:55.6	49	238	337
368	Swain, Jason swim ( 0:32:22.5 ) t1 ( 0:03:16.1 )	Sacramento, CA bike ( 2:00:33.3 ) t2 ( 0:02:21.1 )	38	M	3:57:38.4	50	242	347
63	Campi, Joseph swim ( 0:33:13.8 ) t1 ( 0:03:08.7 )	San Jose, CA bike ( -- ) t2 ( -- )	38	M	--	--	--	--



# Individual M40-44

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
95	Cook, Greg	Folsom, CA	41	M	2:04:40.9	1	13	13
	swim ( 0:21:19.2 )	t1 ( 0:01:39.5 )	bike ( 0:57:39.9 )	t2 ( 0:00:58.6 )	run ( 0:43:03.6 )			
305	Raugewitz, Chad Raugewit	Ukiah, CA	41	M	2:05:45.3	2	15	15
	swim ( 0:23:57.1 )	t1 ( 0:01:14.2 )	bike ( 1:01:07.7 )	t2 ( 0:01:00.7 )	run ( 0:38:25.4 )			
439	Osen, Kevin	El Dorado Hills, CA	40	M	2:09:57.8	3	23	23
	swim ( 0:22:17.7 )	t1 ( 0:01:29.2 )	bike ( 1:02:53.8 )	t2 ( 0:00:56.4 )	run ( 0:42:20.5 )			
46	Brock, Bryan	Sacramento, CA	40	M	2:12:52.8	4	27	28
	swim ( 0:22:14.9 )	t1 ( 0:02:08.2 )	bike ( 1:04:14.8 )	t2 ( 0:01:01.9 )	run ( 0:43:12.8 )			
423	Baxter, Brian	Rocklin, CA	41	M	2:16:29.4	5	39	44
	swim ( 0:26:35.0 )	t1 ( 0:02:06.6 )	bike ( 1:04:11.7 )	t2 ( 0:01:20.5 )	run ( 0:42:15.4 )			
121	Farley, Jeff	Rancho Cordova, CA	41	M	2:18:03.1	6	44	49
	swim ( 0:23:10.8 )	t1 ( 0:02:09.1 )	bike ( 1:05:13.2 )	t2 ( 0:01:12.2 )	run ( 0:46:17.5 )			
201	Kelley, Jeff	Crystal Bay, NV	41	M	2:19:52.8	7	52	57
	swim ( 0:29:45.3 )	t1 ( 0:01:28.4 )	bike ( 1:04:27.5 )	t2 ( 0:00:45.9 )	run ( 0:43:25.4 )			
31	Baxter, Bill	Seaside, CA	44	M	2:21:00.1	8	57	62
	swim ( 0:26:01.1 )	t1 ( 0:02:48.4 )	bike ( 1:04:26.4 )	t2 ( 0:01:10.8 )	run ( 0:44:33.2 )			
	Penalty: Draughting 5.10(a) ( -0:02:00.0 )							
278	Nguyen, Quang	Fremont, CA	40	M	2:21:11.1	9	58	63
	swim ( 0:24:43.9 )	t1 ( 0:02:17.0 )	bike ( 1:06:09.9 )	t2 ( 0:00:45.5 )	run ( 0:47:14.6 )			
117	Dworkin, Jimmy	Mountain View, CA	42	M	2:22:41.4	10	60	65
	swim ( 0:22:42.3 )	t1 ( 0:01:50.0 )	bike ( 1:07:54.4 )	t2 ( 0:01:08.1 )	run ( 0:49:06.4 )			
362	Stella, Michael	Pleasanton, CA	44	M	2:24:55.2	11	66	73
	swim ( 0:29:13.1 )	t1 ( 0:02:18.2 )	bike ( 1:07:58.4 )	t2 ( 0:01:18.5 )	run ( 0:44:06.7 )			
137	Georgitsis, Andrew	Los Gatos, CA	40	M	2:25:45.8	12	68	76
	swim ( 0:21:10.2 )	t1 ( 0:03:01.5 )	bike ( 1:07:20.2 )	t2 ( 0:01:24.3 )	run ( 0:52:49.4 )			
67	Carozza, Frank	Martinez, CA	41	M	2:26:48.3	13	71	79
	swim ( 0:29:36.9 )	t1 ( 0:01:40.8 )	bike ( 1:10:45.7 )	t2 ( 0:01:22.4 )	run ( 0:43:22.3 )			
168	Hoffart, Vincent	Rocklin, CA	43	M	2:28:43.0	14	78	88
	swim ( 0:29:09.1 )	t1 ( 0:02:25.1 )	bike ( 1:02:55.2 )	t2 ( 0:01:44.8 )	run ( 0:52:28.6 )			
155	Green, Wesley	Clovis, CA	41	M	2:28:48.3	15	80	90
	swim ( 0:28:03.6 )	t1 ( 0:01:45.3 )	bike ( 1:07:32.4 )	t2 ( 0:01:30.6 )	run ( 0:49:56.3 )			
71	Cassayre, Matthew	Roseville, CA	40	M	2:29:19.6	16	83	94
	swim ( 0:29:36.5 )	t1 ( 0:02:09.1 )	bike ( 1:07:58.5 )	t2 ( 0:01:17.1 )	run ( 0:48:18.2 )			
47	Brockman, Daniel	ROCKLIN, CA	44	M	2:29:23.1	17	84	95
	swim ( 0:29:41.2 )	t1 ( 0:03:38.9 )	bike ( 1:07:42.6 )	t2 ( 0:00:49.7 )	run ( 0:45:30.5 )			
	Penalty: Position 5.10(f) ( -0:02:00.0 )							
33	Bernstein, Javan	Foster City, CA	43	M	2:29:49.7	18	87	98
	swim ( 0:31:51.3 )	t1 ( 0:01:28.5 )	bike ( 1:09:40.7 )	t2 ( 0:01:00.7 )	run ( 0:45:48.3 )			
400	Wood, David	Santa Rosa, CA	43	M	2:30:32.8	19	94	105
	swim ( 0:29:32.1 )	t1 ( 0:02:02.8 )	bike ( 1:08:31.8 )	t2 ( 0:01:16.6 )	run ( 0:49:09.3 )			
190	Jervis, Vincent	walnut creek, CA	42	M	2:32:11.2	20	100	113
	swim ( 0:28:29.2 )	t1 ( 0:03:06.6 )	bike ( 1:06:29.0 )	t2 ( 0:01:38.2 )	run ( 0:52:27.9 )			
140	Gesell, Charlie	santa Rosa, CA	43	M	2:32:18.7	21	101	115
	swim ( 0:30:31.9 )	t1 ( 0:03:59.2 )	bike ( 1:06:55.2 )	t2 ( 0:01:33.9 )	run ( 0:49:18.3 )			
199	Kauffman, Jeffrey	Carmichael, CA	42	M	2:32:48.8	22	106	122
	swim ( 0:36:38.2 )	t1 ( 0:02:52.8 )	bike ( 1:08:30.4 )	t2 ( 0:01:56.4 )	run ( 0:42:50.7 )			
181	Hunter, Richard	Folsom, CA	42	M	2:33:16.7	23	107	123
	swim ( 0:31:02.8 )	t1 ( 0:04:04.5 )	bike ( 1:05:26.9 )	t2 ( 0:02:28.0 )	run ( 0:50:14.3 )			

# Individual M40-44

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
159	Harris, Craig	Elk Grove, CA	40	M	2:34:49.5	24	110	128
	swim ( 0:26:00.0 )	t1 ( 0:03:43.6 )	bike ( 1:12:26.9 )	t2 ( 0:01:28.6 )	run ( 0:51:10.1 )			
198	Kates, Dan	Truckee, CA	41	M	2:35:00.2	25	113	131
	swim ( 0:26:50.0 )	t1 ( 0:02:52.3 )	bike ( 1:16:42.1 )	t2 ( 0:01:26.3 )	run ( 0:47:09.3 )			
65	Capps, Alan	Sacramento, CA	43	M	2:36:35.4	26	119	139
	swim ( 0:26:01.9 )	t1 ( 0:02:26.8 )	bike ( 1:13:01.4 )	t2 ( 0:02:07.2 )	run ( 0:52:58.0 )			
160	Hashim, Isa	Cupertino, CA	44	M	2:37:36.8	27	124	145
	swim ( 0:31:55.0 )	t1 ( 0:02:32.5 )	bike ( 1:11:31.5 )	t2 ( 0:01:09.6 )	run ( 0:50:28.0 )			
287	Osborn, Robert	Sacramento, CA	43	M	2:40:04.9	28	131	156
	swim ( 0:29:00.3 )	t1 ( 0:03:20.0 )	bike ( 1:16:05.7 )	t2 ( 0:01:42.5 )	run ( 0:49:56.1 )			
122	Farrell, Michael	Sacramento, CA	43	M	2:41:16.4	29	137	165
	swim ( 0:30:19.2 )	t1 ( 0:04:13.1 )	bike ( 1:18:52.2 )	t2 ( 0:02:28.1 )	run ( 0:45:23.6 )			
50	Broussard, Daniel	Elk Grove, CA	43	M	2:44:00.9	30	149	183
	swim ( 0:27:43.1 )	t1 ( 0:02:37.4 )	bike ( 1:09:20.5 )	t2 ( 0:01:10.2 )	run ( 1:01:09.5 )			
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
337	Schutt, Jens	Belmont, CA	40	M	2:44:11.3	31	151	186
	swim ( 0:36:21.6 )	t1 ( 0:05:26.7 )	bike ( 1:07:50.5 )	t2 ( 0:01:19.1 )	run ( 0:53:13.3 )			
369	Swain, Larry	Mountain View, CA	42	M	2:50:50.0	32	177	222
	swim ( 0:34:40.2 )	t1 ( 0:02:38.6 )	bike ( 1:13:15.4 )	t2 ( 0:01:34.7 )	run ( 0:58:40.9 )			
153	Gray, Owen	San Rafael , CA	44	M	2:55:53.0	33	191	246
	swim ( 0:31:56.3 )	t1 ( 0:03:27.8 )	bike ( 1:17:54.1 )	t2 ( 0:01:29.0 )	run ( 1:01:05.7 )			
83	Chipp, Mat	Loomis, CA	42	M	3:00:52.4	34	204	265
	swim ( 0:39:49.8 )	t1 ( 0:04:03.3 )	bike ( 1:17:56.7 )	t2 ( 0:01:56.8 )	run ( 0:57:05.6 )			
139	Germanos, Mark	El Dorado Hills, CA	42	M	3:01:18.7	35	207	268
	swim ( 0:43:39.3 )	t1 ( 0:02:59.2 )	bike ( -- )	t2 ( 1:19:03.0 )	run ( 0:55:37.0 )			
11	Aldrich, Keith	Folsom, CA	41	M	3:05:33.3	36	217	284
	swim ( 0:30:07.3 )	t1 ( 0:05:45.8 )	bike ( 1:21:42.9 )	t2 ( 0:05:13.6 )	run ( 1:02:43.5 )			
39	Bouldin, Alan	Roseville, CA	43	M	3:08:02.7	37	220	292
	swim ( 0:34:50.8 )	t1 ( 0:03:34.0 )	bike ( 1:17:19.1 )	t2 ( 0:01:59.8 )	run ( 1:10:18.9 )			
142	Girardi, Andrew	San Jose, CA	42	M	3:08:22.7	38	221	293
	swim ( 0:37:46.9 )	t1 ( 0:03:41.2 )	bike ( -- )	t2 ( 1:26:08.8 )	run ( 1:00:45.7 )			
302	Priest, Allan	El Dorado Hills, CA	42	M	3:19:22.3	39	230	313
	swim ( 0:40:57.3 )	t1 ( 0:03:26.9 )	bike ( 1:28:51.1 )	t2 ( 0:02:47.8 )	run ( 1:03:19.1 )			
383	Vartanian, Gerald	San Jose, CA	40	M	3:20:17.4	40	231	315
	swim ( 0:45:25.4 )	t1 ( 0:02:02.1 )	bike ( 1:36:17.4 )	t2 ( 0:01:14.5 )	run ( 0:55:17.6 )			
262	Milburn, Troy	Granite Bay, CA	41	M	3:25:10.5	41	234	325
	swim ( 0:46:19.7 )	t1 ( 0:03:06.3 )	bike ( 1:23:19.4 )	t2 ( 0:02:18.7 )	run ( 1:10:06.2 )			
16	Aring, Jonathan	Folsom, CA	41	M	3:31:58.2	42	237	333
	swim ( 0:52:30.4 )	t1 ( 0:03:30.0 )	bike ( 1:30:37.2 )	t2 ( 0:01:11.6 )	run ( 1:04:08.9 )			
86	Clay, Andrew	Sacramento, CA	42	M	3:44:58.6	43	240	344
	swim ( 0:41:20.6 )	t1 ( 0:05:22.4 )	bike ( 1:34:04.9 )	t2 ( 0:04:09.7 )	run ( 1:20:00.8 )			
384	Walker, Dan	Sunnyvale, CA	40	M	4:20:44.3	44	243	354
	swim ( 0:29:45.6 )	t1 ( 0:05:16.2 )	bike ( 2:25:52.3 )	t2 ( 0:03:26.2 )	run ( 1:16:23.8 )			

# Individual M45-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
388	Welch, Kyle swim ( 0:21:20.3 ) t1 ( 0:00:57.8 )	Sunnyvale, CA bike ( 0:57:58.8 ) t2 ( 0:00:39.6 )	48	M	1:58:32.1	1	2	2
275	Murphy, John swim ( 0:21:15.5 ) t1 ( 0:00:55.7 )	Napa, CA bike ( 0:58:04.0 ) t2 ( 0:00:40.5 )	45	M	1:59:35.8	2	3	3
62	Campbell, Jason swim ( 0:20:39.1 ) t1 ( 0:01:01.7 )	Oakland, CA bike ( 0:59:48.6 ) t2 ( 0:00:54.2 )	48	M	2:02:57.5	3	7	7
173	Hollinger, John swim ( 0:23:53.6 ) t1 ( 0:01:10.9 )	Clayton, CA bike ( 1:00:16.7 ) t2 ( 0:00:54.4 )	45	M	2:07:26.8	4	17	17
224	Leighton, Brian swim ( 0:23:32.3 ) t1 ( 0:01:30.1 )	El Dorado Hills, CA bike ( 1:00:06.9 ) t2 ( 0:01:01.3 )	48	M	2:13:51.9	5	29	30
186	Jager, Anton swim ( 0:26:05.0 ) t1 ( 0:01:36.9 )	San Carlos, CA bike ( 1:02:50.9 ) t2 ( 0:01:05.6 )	47	M	2:14:04.0	6	31	32
376	Tottle, Tim swim ( 0:25:37.3 ) t1 ( 0:01:57.9 )	martinez, CA bike ( 1:06:13.5 ) t2 ( 0:01:32.5 )	48	M	2:18:36.3	7	48	53
143	Glynn, Tom swim ( 0:32:39.6 ) t1 ( 0:03:36.7 )	Danville, CA bike ( 1:04:15.0 ) t2 ( 0:01:25.5 )	48	M	2:23:24.4	8	62	68
399	Wiseth, Garret swim ( 0:25:10.8 ) t1 ( 0:01:57.1 )	San Jose, CA bike ( 1:08:02.4 ) t2 ( 0:01:11.0 )	46	M	2:26:50.4	9	72	80
194	Jones, Vance swim ( 0:31:05.2 ) t1 ( 0:02:09.4 )	Oakland, CA bike ( 1:07:20.2 ) t2 ( 0:01:57.4 )	48	M	2:27:36.9	10	74	82
85	Christensen, James swim ( 0:28:34.5 ) t1 ( 0:03:37.9 )	Elk Grove, CA bike ( 1:17:36.7 ) t2 ( 0:01:51.4 )	45	M	2:40:51.0	11	134	161
359	Stark, John swim ( 0:27:40.2 ) t1 ( 0:03:07.7 )	Danville, CA bike ( 1:10:48.8 ) t2 ( 0:02:09.2 )	45	M	2:43:12.2	12	145	177
107	Dexter, Doug swim ( 0:28:56.6 ) t1 ( 0:01:48.4 )	Ross, CA bike ( 1:13:25.7 ) t2 ( 0:01:12.3 )	49	M	2:43:32.1	13	147	179
408	Yurkovic, David swim ( 0:30:55.2 ) t1 ( 0:03:52.8 )	San Francisco, CA bike ( 1:15:37.1 ) t2 ( 0:01:23.8 )	49	M	2:44:29.0	14	154	189
360	Steber, Brian swim ( 0:31:00.6 ) t1 ( 0:03:25.4 )	Sausalito, CA bike ( 1:14:47.3 ) t2 ( 0:01:24.1 )	45	M	2:45:40.0	15	158	194
258	Mcmichael, Tod swim ( 0:30:53.7 ) t1 ( 0:02:36.7 )	Alamo, CA bike ( 1:17:38.3 ) t2 ( 0:01:17.7 )	45	M	2:46:09.8	16	161	199
103	Davies, Tony swim ( 0:35:15.9 ) t1 ( 0:02:19.3 )	San Jose, CA bike ( 1:17:53.4 ) t2 ( 0:01:48.3 )	45	M	2:47:05.0	17	162	202
405	Young, Conrad swim ( 0:35:28.8 ) t1 ( 0:02:37.4 )	sunnyvale, CA bike ( 1:12:55.4 ) t2 ( 0:01:28.6 )	49	M	2:48:09.6	18	166	207
35	Berton, Fernando swim ( 0:33:57.2 ) t1 ( 0:03:10.4 )	Sacramento, CA bike ( 1:16:34.1 ) t2 ( 0:01:23.0 )	48	M	2:50:03.1	19	176	220
118	Eckstein, Tom swim ( 0:33:35.6 ) t1 ( 0:04:51.1 )	Walnut Creek, CA bike ( 1:16:43.4 ) t2 ( 0:01:39.5 )	45	M	2:52:18.8	20	182	231
329	Sanders, Marcus swim ( 0:32:26.6 ) t1 ( 0:03:04.9 )	Lincoln, CA bike ( 1:15:08.2 ) t2 ( 0:01:51.7 )	47	M	2:53:08.3	21	185	234
419	Tung, Emil swim ( 0:33:48.0 ) t1 ( 0:04:28.9 )	Folsom, CA bike ( 1:17:29.6 ) t2 ( 0:02:25.1 )	48	M	2:53:42.2	22	187	237
170	Hoffman, Ted swim ( 0:27:42.4 ) t1 ( 0:03:55.9 )	Alameda, CA bike ( 1:20:37.9 ) t2 ( 0:02:13.4 )	48	M	2:53:49.9	23	188	238
308	Rendleman, Jesse swim ( 0:35:08.3 ) t1 ( 0:04:33.3 )	San Jose, CA bike ( 1:16:59.2 ) t2 ( 0:01:27.9 )	45	M	2:56:28.9	24	196	252

# Individual M45-49

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
75	Chatoff, Louis swim ( 0:35:03.4 ) t1 ( 0:02:57.6 )	Walnut Creek, CA bike ( 1:16:13.4 ) t2 ( 0:01:41.9 )	47	M	3:01:22.8	25	208	269
34	Berrigan, Mike swim ( -- ) t1 ( 0:40:22.1 )	Pleasanton, CA bike ( 1:19:42.3 ) t2 ( 0:02:22.0 )	48	M	3:02:40.4	26	212	275
232	Lu, Danny swim ( 0:43:40.0 ) t1 ( 0:06:56.6 )	Fremont, CA bike ( 1:20:49.0 ) t2 ( 0:02:40.5 )	45	M	3:05:03.7	27	215	282
184	Ivie, Brian swim ( 0:36:19.5 ) t1 ( 0:02:52.0 )	Granite Bay, CA bike ( 1:16:18.0 ) t2 ( 0:01:58.2 )	49	M	3:08:44.8	28	223	295
206	King, John swim ( 0:32:45.0 ) t1 ( 0:04:02.7 )	Palo Alto, CA bike ( 1:21:19.1 ) t2 ( 0:01:34.9 )	47	M	3:08:51.7	29	224	296
80	Chen, George swim ( 0:37:08.3 ) t1 ( 0:07:42.9 )	Fair Oaks, CA bike ( 1:28:27.0 ) t2 ( 0:03:27.1 )	47	M	3:16:39.4	30	226	309
144	Gnitecki, Arthur swim ( 0:41:57.2 ) t1 ( 0:03:17.8 )	Oakland, CA bike ( 1:26:19.0 ) t2 ( 0:01:42.6 )	49	M	3:20:35.7	31	232	316

# Individual M50-54

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
78	Chavez, Steven	San Ramon, CA	52	M	2:08:00.1	1	18	18
	swim ( 0:24:06.2 )	t1 ( 0:01:14.2 )	bike ( 1:02:16.1 )	t2 ( 0:00:54.5 )	run ( 0:39:28.9 )			
255	Mckee, Mark	san francisco, CA	52	M	2:16:09.1	2	36	40
	swim ( 0:25:42.7 )	t1 ( 0:01:56.3 )	bike ( 1:04:30.3 )	t2 ( 0:01:06.6 )	run ( 0:42:52.9 )			
375	Toland, Michael	Bakersfiled, CA	53	M	2:18:00.4	3	43	48
	swim ( 0:23:11.7 )	t1 ( 0:01:48.9 )	bike ( 1:02:36.6 )	t2 ( 0:01:07.8 )	run ( 0:47:15.2 )			
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
417	Leininger, Jean-Marc	Winters, CA	54	M	2:24:13.8	4	65	72
	swim ( 0:25:08.8 )	t1 ( 0:01:49.9 )	bike ( 1:06:16.3 )	t2 ( 0:01:22.3 )	run ( 0:49:36.3 )			
257	Mckernan, Mike	Fair Oaks, CA	52	M	2:32:45.0	5	105	121
	swim ( 0:31:08.8 )	t1 ( 0:01:42.5 )	bike ( 1:11:56.5 )	t2 ( 0:01:01.1 )	run ( 0:46:56.0 )			
51	Brown, Dan	Gilroy, CA	50	M	2:34:27.0	6	109	126
	swim ( 0:21:26.4 )	t1 ( 0:03:40.4 )	bike ( 1:15:09.1 )	t2 ( 0:01:48.4 )	run ( 0:52:22.5 )			
395	Wilner, Lee	everett, WA	51	M	2:41:09.8	7	136	164
	swim ( 0:30:43.0 )	t1 ( 0:01:36.8 )	bike ( 1:13:37.5 )	t2 ( 0:01:22.4 )	run ( 0:53:50.0 )			
348	Silewicz, Thomas	Rohnert Park, CA	53	M	2:44:05.0	8	150	184
	swim ( 0:34:33.9 )	t1 ( 0:02:59.6 )	bike ( 1:09:28.2 )	t2 ( 0:01:38.4 )	run ( 0:55:24.7 )			
248	Mcarthur, Michael	San Jose, CA	53	M	2:48:16.2	9	168	209
	swim ( 0:26:05.1 )	t1 ( 0:02:38.6 )	bike ( 1:15:40.2 )	t2 ( 0:01:29.2 )	run ( 1:02:22.8 )			
294	Peterson, Jim	Sacramento, CA	52	M	2:49:29.5	10	173	217
	swim ( 0:39:40.1 )	t1 ( 0:03:00.1 )	bike ( 1:14:50.4 )	t2 ( 0:02:03.0 )	run ( 0:49:55.8 )			
192	Johnston, Troy	Winters, CA	50	M	2:55:32.1	11	189	244
	swim ( 0:30:48.6 )	t1 ( 0:02:38.9 )	bike ( 1:17:49.5 )	t2 ( 0:01:55.9 )	run ( 1:02:19.0 )			
284	Oaks, Stephen	Reno, NV	53	M	2:58:00.2	12	198	254
	swim ( 0:36:45.5 )	t1 ( 0:05:30.8 )	bike ( 1:23:32.7 )	t2 ( 0:02:01.1 )	run ( 0:50:09.8 )			
366	Strutz, Jim	folsom, CA	50	M	2:58:53.7	13	202	260
	swim ( 0:32:43.5 )	t1 ( 0:03:36.9 )	bike ( 1:21:05.3 )	t2 ( 0:01:16.4 )	run ( 0:58:11.4 )			
	Penalty: Abandoned Equip/Littering 3.4(h) ( -0:02:00.0 )							
274	Morgan, Scott	Novato, CA	50	M	3:02:50.1	14	213	276
	swim ( 0:30:29.3 )	t1 ( 0:04:50.8 )	bike ( 1:22:41.2 )	t2 ( 0:02:46.1 )	run ( 1:02:02.5 )			
347	Shumrak, Stephen	El Dorado Hills, CA	54	M	3:17:26.1	15	228	311
	swim ( 0:37:14.4 )	t1 ( 0:05:05.9 )	bike ( 1:27:23.7 )	t2 ( 0:02:41.3 )	run ( 1:05:00.6 )			
19	Aune, Wayne	dublin, CA	51	M	4:43:15.2	16	244	358
	swim ( 0:46:09.0 )	t1 ( 0:07:14.0 )	bike ( 1:56:37.9 )	t2 ( 0:03:07.6 )	run ( 1:50:06.5 )			
44	Brink, John	Sacramento, CA	52	M	--	--	--	--
	swim ( 0:27:57.9 )	t1 ( 0:02:24.7 )	bike ( 1:12:46.3 )	t2 ( 0:01:54.8 )	run ( -- )			

# Individual M55-59

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
48	Brockus, Charlie	Reno, NV	58	M	2:15:09.2	1	35	36
	swim ( 0:23:58.3 ) t1 ( 0:01:52.8 )	bike ( 1:04:00.4 ) t2 ( 0:00:54.7 )		run ( 0:44:22.8 )				
365	Stroud, John	FOLSOM, CA	55	M	2:22:52.4	2	61	66
	swim ( 0:27:09.4 ) t1 ( 0:01:53.1 )	bike ( 1:06:15.6 ) t2 ( 0:02:04.9 )		run ( 0:45:29.1 )				
394	Williams, Ron	San Jose, CA	56	M	2:30:07.9	3	92	103
	swim ( 0:26:43.7 ) t1 ( 0:02:40.2 )	bike ( 1:09:33.1 ) t2 ( 0:01:20.4 )		run ( 0:47:50.2 )				
	Penalty: Drafting 5.10(a) ( -0:02:00.0 )							
261	Mellor, Ron	Placerville, CA	57	M	2:31:09.2	4	97	108
	swim ( 0:27:56.9 ) t1 ( 0:04:01.7 )	bike ( 1:09:51.5 ) t2 ( 0:01:22.8 )		run ( 0:47:56.0 )				
207	Kinsel, David	Fair Oaks, CA	55	M	2:36:10.1	5	118	137
	swim ( 0:25:15.1 ) t1 ( 0:02:36.5 )	bike ( 1:13:31.9 ) t2 ( 0:01:19.0 )		run ( 0:53:27.4 )				
310	Reynolds, Stephen	Sacramento, CA	55	M	2:39:24.8	6	127	151
	swim ( 0:26:28.3 ) t1 ( 0:01:39.0 )	bike ( 1:19:49.9 ) t2 ( 0:00:53.3 )		run ( 0:50:34.2 )				
231	Love, Mike	Danville, CA	55	M	2:39:45.3	7	130	155
	swim ( 0:28:54.3 ) t1 ( 0:02:11.8 )	bike ( 1:13:06.2 ) t2 ( 0:01:22.9 )		run ( 0:54:10.0 )				
220	Lavagnino, Luis	San Francisco, CA	58	M	2:44:15.5	8	152	187
	swim ( 0:34:45.3 ) t1 ( 0:02:38.3 )	bike ( 1:16:08.7 ) t2 ( 0:01:18.0 )		run ( 0:49:25.0 )				
131	Funk, Robert	Applegate, CA	59	M	2:44:48.8	9	156	191
	swim ( 0:29:13.3 ) t1 ( 0:02:48.2 )	bike ( 1:10:41.4 ) t2 ( 0:01:15.6 )		run ( 1:00:50.0 )				
26	Barbin, Richard	San Jose, CA	58	M	2:51:50.1	10	181	229
	swim ( 0:36:03.0 ) t1 ( 0:02:00.5 )	bike ( -- ) t2 ( 1:21:56.6 )		run ( 0:51:49.9 )				
272	Morgan, Jonathan	San Francisco, CA	55	M	2:55:59.5	11	193	248
	swim ( 0:26:41.9 ) t1 ( 0:03:19.3 )	bike ( 1:15:02.5 ) t2 ( 0:02:26.4 )		run ( 1:08:29.3 )				
92	Collery, Michael	San Carlos, CA	55	M	2:58:50.9	12	201	259
	swim ( 0:23:05.0 ) t1 ( 0:03:23.0 )	bike ( 1:21:18.3 ) t2 ( 0:01:18.3 )		run ( 1:09:46.1 )				
151	Grant, Tony	San Jose, CA	57	M	3:00:01.5	13	203	262
	swim ( 0:31:49.2 ) t1 ( 0:02:16.8 )	bike ( 1:18:43.6 ) t2 ( 0:01:12.0 )		run ( 1:05:59.8 )				
404	Yeager, Ken	San Jose, CA	57	M	3:22:38.0	14	233	320
	swim ( 0:34:51.7 ) t1 ( 0:06:07.5 )	bike ( 1:31:55.1 ) t2 ( 0:01:59.2 )		run ( 1:07:44.3 )				

## Individual M60-64

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
254	Mckee, Bobby swim ( 0:30:39.6 ) t1 ( 0:02:03.2 )	La Selva Beach, CA bike ( 1:15:18.5 ) t2 ( 0:00:47.2 )	60	M	2:32:34.6	1	102	116
398	Winn, Robert swim ( 0:29:32.2 ) t1 ( 0:03:57.6 )	Carmel Valley, CA bike ( 1:19:57.7 ) t2 ( 0:01:30.2 )	64	M	2:52:32.7	2	184	233
324	Rudd, Daniel swim ( 0:27:48.5 ) t1 ( 0:02:40.4 )	El Dorado Hills, CA bike ( 1:19:21.3 ) t2 ( 0:01:37.3 )	62	M	2:58:46.4	3	200	258
234	Lundberg, Alan swim ( 0:41:41.1 ) t1 ( 0:05:36.9 )	sacramento, CA bike ( -- ) t2 ( 1:17:58.6 )	63	M	3:03:43.1	4	214	277
8	Aceituno, Tom swim ( 0:40:45.0 ) t1 ( 0:06:46.8 )	Folsom, CA bike ( 1:29:59.6 ) t2 ( 0:05:41.4 )	60	M	3:44:28.0	5	239	343
22	Axelrod, Les swim ( 0:35:33.9 ) t1 ( 0:05:14.3 )	shingle springs, CA bike ( 1:44:53.6 ) t2 ( -- )	62	M	--	--	--	--

## Individual M65-69

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
298	Plant, Robert swim ( 0:28:11.0 ) t1 ( 0:02:05.0 )	Woodside, CA bike ( 1:08:43.6 ) t2 ( 0:01:00.3 )	66	M	2:27:57.4	1	77	85
241	Marshall, William swim ( 0:26:27.8 ) t1 ( 0:02:14.8 )	santa rosa, CA bike ( 1:11:35.7 ) t2 ( 0:01:34.4 )	69	M	2:37:09.3	2	122	142
438	Olson, Elias swim ( 0:27:29.7 ) t1 ( 0:02:34.2 )	Mill Valley , CA bike ( 1:15:14.3 ) t2 ( 0:01:18.1 )	66	M	2:38:07.4	3	125	147
113	Dressendorfer, Rudy swim ( 0:30:35.6 ) t1 ( 0:02:35.1 )	Penryn, CA bike ( 1:15:54.8 ) t2 ( 0:01:38.3 )	66	M	2:42:46.8	4	143	175
98	Craig, Jack swim ( 0:42:55.8 ) t1 ( 0:05:29.5 )	Lincoln, CA bike ( 1:37:50.6 ) t2 ( 0:02:04.3 )	67	M	3:52:19.7	5	241	346



# Mt Bike MAII

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
374	Timm, Carl swim ( 0:39:49.2 ) t1 ( 0:03:57.7 )	Folsom, CA bike ( 1:21:23.6 ) t2 ( 0:01:02.3 )	43	M	2:54:04.3	1	1	1
276	Neil, Rob swim ( 0:30:06.0 ) t1 ( 0:03:14.6 )	Folsom, CA bike ( 1:24:35.3 ) t2 ( 0:01:00.7 )	38	M	2:54:06.3	2	2	2
266	Mitchell, Michael swim ( 0:26:32.7 ) t1 ( 0:04:19.6 )	Folsom, CA bike ( 1:34:40.3 ) t2 ( 0:02:28.4 )	40	M	3:14:52.0	3	3	3
36	Biehl, Troy swim ( 0:39:45.5 ) t1 ( 0:04:04.9 )	Folsom, CA bike ( 1:32:55.5 ) t2 ( 0:01:02.3 )	36	M	3:19:57.5	4	4	4

# Relay FRelay

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
477	Tomlin, Cori swim ( 0:41:27.9 ) t1 ( 0:01:24.1 )	auburn, CA bike ( 1:25:59.1 ) t2 ( 0:00:32.3 )	38	F	3:09:37.4	1	1	17
477	Stilwell, Deanna swim ( 0:41:27.9 ) t1 ( 0:01:24.1 )	Auburn, CA bike ( 1:25:59.1 ) t2 ( 0:00:32.3 )	40	F	3:09:37.4	1	1	17
477	Kelly, Christine swim ( 0:41:27.9 ) t1 ( 0:01:24.1 )	Auburn, CA bike ( 1:25:59.1 ) t2 ( 0:00:32.3 )	0	F	3:09:37.4	1	1	17
475	Serio, Nancy swim ( 0:36:18.4 ) t1 ( 0:00:46.5 )	Belmont, CA bike ( 1:32:33.3 ) t2 ( 0:00:48.9 )	43	F	3:22:01.3	2	2	19
475	Herbert, Erica swim ( 0:36:18.4 ) t1 ( 0:00:46.5 )	Hillsborough, CA bike ( 1:32:33.3 ) t2 ( 0:00:48.9 )	39	F	3:22:01.3	2	2	19

# Relay XRelay

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
472	Canjura, Nick swim ( 0:28:55.9 ) t1 ( 0:00:55.0 )	folsom, CA bike ( 1:11:37.2 ) t2 ( 0:00:35.9 )	41	M	2:25:20.7	1	1	3
472	Fondale, Joelle swim ( 0:28:55.9 ) t1 ( 0:00:55.0 )	Folsom, CA bike ( 1:11:37.2 ) t2 ( 0:00:35.9 )	43	F	2:25:20.7	1	1	3
472	Zapata, Tony swim ( 0:28:55.9 ) t1 ( 0:00:55.0 )	Rancho Cordova, CA bike ( 1:11:37.2 ) t2 ( 0:00:35.9 )	25	M	2:25:20.7	1	1	3
473	Hemann, Lizzy swim ( 0:25:54.3 ) t1 ( 0:00:40.4 )	Corte Madera, CA bike ( 1:14:37.2 ) t2 ( 0:00:26.3 )	13	F	2:30:41.6	2	2	6
473	Karimi, Bijan swim ( 0:25:54.3 ) t1 ( 0:00:40.4 )	Corte Madera, CA bike ( 1:14:37.2 ) t2 ( 0:00:26.3 )	37	M	2:30:41.6	2	2	6
473	Cole, Derek swim ( 0:25:54.3 ) t1 ( 0:00:40.4 )	bike ( 1:14:37.2 ) t2 ( 0:00:26.3 )	35	M	2:30:41.6	2	2	6
474	Dames, Amanda swim ( -- ) t1 ( 0:33:18.4 )	Redwood City, CA bike ( 1:08:07.1 ) t2 ( 0:00:43.3 )	15	F	2:50:13.2	3	3	9
474	Dames, Mark swim ( -- ) t1 ( 0:33:18.4 )	Redwood City, CA bike ( 1:08:07.1 ) t2 ( 0:00:43.3 )	51	M	2:50:13.2	3	3	9
474	Dames, Lynn swim ( -- ) t1 ( 0:33:18.4 )	Redwood City, CA bike ( 1:08:07.1 ) t2 ( 0:00:43.3 )	48	F	2:50:13.2	3	3	9
476	Martin, Peg swim ( 0:33:04.9 ) t1 ( 0:00:58.6 )	Granite Bay, CA bike ( 1:32:55.5 ) t2 ( 0:00:45.4 )	44	F	3:04:22.1	4	4	12
476	Ivie, Debi swim ( 0:33:04.9 ) t1 ( 0:00:58.6 )	bike ( 1:32:55.5 ) t2 ( 0:00:45.4 )	51	F	3:04:22.1	4	4	12
476	Martin, Frank swim ( 0:33:04.9 ) t1 ( 0:00:58.6 )	bike ( 1:32:55.5 ) t2 ( 0:00:45.4 )	42	M	3:04:22.1	4	4	12
59	Bussard, Robert swim ( 0:31:49.8 ) t1 ( 0:00:48.9 )	Pleasant Hill, CA bike ( 1:30:53.9 ) t2 ( 0:00:42.5 )	42	M	3:07:38.9	5	5	14
59	Brain, Rebecca swim ( 0:31:49.8 ) t1 ( 0:00:48.9 )	Pleasant Hill, CA bike ( 1:30:53.9 ) t2 ( 0:00:42.5 )	48	F	3:07:38.9	5	5	14