



2017 South Bay Duathlon

Sunday, March 12, 2017

Live Oak High School
1505 East Main Ave Morgan Hill, CA 95037
(Directions – [Click](#) here)

Weather Forecast: High of 72 and Low of 46



www.usapevents.com

Registration will be available at packet pickup and on race day if you're not registered yet.

Wave Starts:

Olympic:

Wave 1: 7:00 AM: Male Olympic

Wave 2: 7:04 AM: Female Olympic and Relay

Sprint:

Wave 1: 9:30 AM: Male Sprint

Wave 2: 9:34 AM: Female Sprint and Relay

Awards Ceremony (Olympic): 9:45am

Awards Ceremony (Sprint): 10:30am

Run & Bike Course Maps: [Click Here](#)

Packet Pickup Information

You must bring a valid ID to pick up your race packet. You may pick up a friend or relative's race packet and bib number, only if you have copy of their valid ID present. If you are pre-registered, you will not need to bring anything but your valid I.D card to pick up your race packet.

Date: Saturday, March 11, 2017 - Packet pickup & Registration

Sports Basement - Sunnyvale

Hours: 11am-4pm

Address: 1177 Kern Ave, Sunnyvale, CA 94085

Map: [Click Here](#)



****Sports Basement Discount:** Pickup your packet and get **20% off** on your last-minute purchases for the duathlon as well as the start of your multisport season on this day only.

Parking & Driving Directions

Parking for the South Bay duathlons will be free at Live Oak High School near the start and finish line of the race. Please follow signs into the parking areas.

Live Oak High School
1505 East Main Ave
Morgan Hill, CA 95037

From San Francisco / San Jose

Take US-101 S toward SAN JOSE, Take the EAST DUNNE AVE exit and Turn LEFT onto E DUNNE AVE, Turn LEFT onto CONDIT RD, Take the 2nd RIGHT onto E MAIN AVE, 1505 E MAIN AVE is on the LEFT

From East Bay

Take I-680 S toward SAN JOSE, Merge onto US-101 S toward LOS ANGELES, Take the EAST DUNNE AVE exit and Turn LEFT onto E DUNNE AVE, Turn LEFT onto CONDIT RD, Take the 2nd RIGHT onto E MAIN AVE, 1505 E MAIN AVE is on the LEFT

Free Race Photos: [Click Here](#)

Enter your name and email address on the link above and we will let you know when photos can be shared or downloaded for free. You will also be able to buy high resolution unbranded photos as well.

2017 Results: [Click Here](#)

Race Timing

This race will be timed using a chip timing system. Upon checking in you will receive a chip that is traditionally worn on the ankle. It is the athlete's responsibility to wear the chip during the entire race. If you do not wear the chip you will NOT be timed.

Select Physical Therapy - Race Day Promotion:

"The first 20 people to visit Select Physical Therapy at Packet Pick-up and the Race Day Finish Line will be entered into a drawing for a free Biomechanical Evaluation/Running Gait Analysis (\$125 value).

Select will be on hand to answer all of your injury/training questions, provide complementary taping (RockTape), and stretch athletes post-race."

Weather

10day forecast: <http://www.weather.com/weather/tenday/Morgan+Hill+CA+USCA0731:1:US>

Sponsors



2017 USAP Events

Half Moon Bay Triathlon – April 23, 2017

Includes: Sprint, Olympic, Duathlon, Aquabike, Aquathlon and Relays

More Info: [Click Here](#)

Morgan Hill Sprint Triathlon – May 21, 2017

Includes: Sprint Distance, Aquabike, and Relays

More Info: [Click Here](#)

California Triathlon – June 25, 2017

Includes: Sprint, Olympic, Aquabike, and Relays

More Info: [Click Here](#)

Folsom Triathlon – August 6, 2017

Includes: Sprint, Olympic, Aquabike, Aquathlon and Relays

More Info: [Click Here](#)

Oakland Triathlon – August 27, 2017

Includes: Sprint, Olympic, Duathlon, Aquabike, Aquathlon and Relays

More Info: [Click Here](#)

Alameda Running Festival – September 16-17

Includes: Half Marathon, 5k, 10k, and Fun Run

More Info: [Click Here](#)

Oakland Gran Fondo – October 15, 2017

Includes: 100, 55, 28, and 14 mile rides

More Info: [Click Here](#)

Catfish Open Water Swim & Aquathlon

Includes: 500 yard, 1.2 mile, 2.4 mile swims including a 3.5 mile run with any swim

More Info: [Click Here](#)